Fryupdale 10k 2021 Results

Place	Number	Time	Surname	Name	Category	Club	1st in Cat
1	326	00:49.37	Matthew	Downs	M	New Marske Harriers Club	1st M
2	330	00:54.09	Tim	Gilpin	M		2nd M
3	345	00:54.20	Chris	Hullah	M	New Marske Harriers Club	3rd M
4	379	00:54.42	Joshua	Nicholson	M	Billingham Marsh House Harriers AC	
5	360	00:54.52	Sam	Lynn	M	York Postal Harriers	
6	377	00:55.00	Mark	Nettleton	MV50	Barton & District AC	1st MV 50
7	364	00:55.09	John	Mason	M	Barlick Fell Runners	
8	325	00:56.58	Graeme	Downs	M	Cleveland Triathlon Club	
9	409	00:57.51	Kurtis	Tarn	M		
10	378	01:00:41	Issy	Nicholls	F		1st F
11	301	01:01:38	Hayley	Addison	F	Quakers Running Club	2nd F
12	368	01:02:43	Jack	McGarrity	M		
13	388	01:03:22	Phil	Thurlow	M		
14	307	01:06:55	Liam	Vauhan	M	Fit Happens	
15	327	01:08:18	John	Duggleby	M	East Dunford Griffins	
16	357	01:08:42	Jessica	Lewis	F	Ripon Runners	3rd F
17	358	01:08:50	Robert	Lewis	M		
18	371	01:09:52	Rachael	McManus	F		
19	319	01:12:55	Beth	Constantine	F	Ripon Runners	
20	411	01:13:17	Sue	Tindall	FV50	Tadcaster Harriers	1st FV 50
21	382	01:14:26	Anita	Oldham	FV50	Ripon Runners	
22	333	01:16:14	Catriona	Haigh	F		
23	346	01:17:13	Kayleigh	Hullah	F	Redcar Running Club	
24	417	01:17:27	Andy	Wilks	MV50	Beverley Athletic Club	
25	363	01:18:10	Nathan	Marshall	M	New Marske Harriers Club	
26	352	01:18:15	Elaine	Kavanagh	FV60	Tadcaster Harriers	1st FV 60
27	336	01:18:42	Lucy	Harrison	F		
28	337	01:18:43	Matthew	Harrison	M		
29	367	01:19:20	Alan	McGarrity	MV60	North York Moors AC	1st MV 60
30	408	01:19:26	Jo-Anne	Tarn	F	Darlington H & AC	
31	354	01:19:36	Janet	Leake	FV60		
32	399	01:19:39	Paul	Smith	MV50		
33	347	01:20:24	Kevin	Hullah	MV60	None	
34	302	01:20:52	Michelle	Allan	FV50		
35	391	01:21:40	Izzy	Russell	FV60		
36	390	01:22:14	Anna	Rowan	F		
37	370	01:22:18	Michelle	Mckechnie	F		
38	418	01:22:54	Martina	Williams	FV50		
39	401	01:23:12	Andrea	Sparkes	F	Redcar Running Club	
40	322	01:23:18	Joanne	Cutmore	F	Derwent Valley Trail Runners	
41	403	01:28:00	Fiona	Stephenson	FV50		
42	407	01:28:58	Mark	Swinden	MV60	Tadcaster Harriers	
43	306	01:28:59	Phillip	Baines	M	Stockton Striders AC	
44	305	01:29:00	Kirsten	Baines	F	Stockton Striders AC	
45	338	01:30:15	Louise	Harrop	F	Valley Hill Runners	
46	400	01:30:36	Richard	Smith	MV70		1st MV 70
47	366	01:31:08	Amanda	Mcgarrity	F		
48	314	01:31:18	Paul	Brockett	MV50	Ripon Runners	
49	356	01:31:52	Nicola	Lees	F	Lonely Goat RC	
50	413	01:32:30	Lorna	Walker	F	Redcar Running Club	
51	343	01:32:48	Vanessa	Honeyman	F	Loftus & Whitby AC	

52	324	01:32:56	Christine	Dixon	FV60		
53	334	01:33:24	Birgit	Hanusch	F		
54	348	01:33:30	Sharon	Husband	FV50		
55	406	01:33:36	Mary	Sweeting	F	(no club)	
56	323	01:34:10	Karen	Dilworth	F		
57	374	01:35:18	Donna	Mitchell	F	Ripon Runners	
58	303	01:36:00	Sue	Allen	FV60	Bedale & Aiskew Runners	
59	318	01:36:56	Tracy	Chaplin	FV50	Barton & District AC	
60	381	01:37:19	Sue	Oldfield	FV60	Barton & District AC	
61	350	01:37:33	Pauline	Johnson	FV60	North East Veterans AC	
62	389	01:37:46	Sally	Raines	F	Pickering Running Club	
63	340	01:38:30	Rohan	Hill	F		
64	365	01:38:50	Helen	Mayfield	FV60		
65	344	01:40:39	Cheryl	Collinson	FV50	None	
66	351	01:41:40	Chris	Jones	FV50	(no club)	
67	395	01:42:14	Sarah	Sharp	F	Stamford Striders	
68	310	01:42:28	Deborah	Bateman	FV50		
69	341	01:49:03	Natalie	Hodgson	FV50		
70	331	01:49:08	Charlie	Golightly	MV60	(no club)	
71	415	01:49:11	Melinda	West	FV50	Billingham Marsh Hse H & AC	
72	312	01:49:35	Geraldine	Bouttell	FV50	Billingham Marsh Hse H & AC	
73	372	01:50:20	Alison	Melton	F	Vegan Runners UK	
74	339	01:58:05	Jayne	Hathaway	F		
75	362	01:58:19	Helen	Mapplebeck	F	Redcar Running Club	
76	315	02:06:10	Melissa	Bunn	F	(no club)	
77	353	02:12:17	Jacquie	Kelly	FV60	(no club)	
78	421	02:18:55	Catherine	York	F	Redcar Running Club	
79	373	02:19:15	Adele	Milburn	F	Redcar Running Club	
SWEEP		02:20:00	Sue	Swales			
SWEEP		02:20:00	Bev	Honeyman			
SWEEP		02:20:00	Tracey	Maskew			