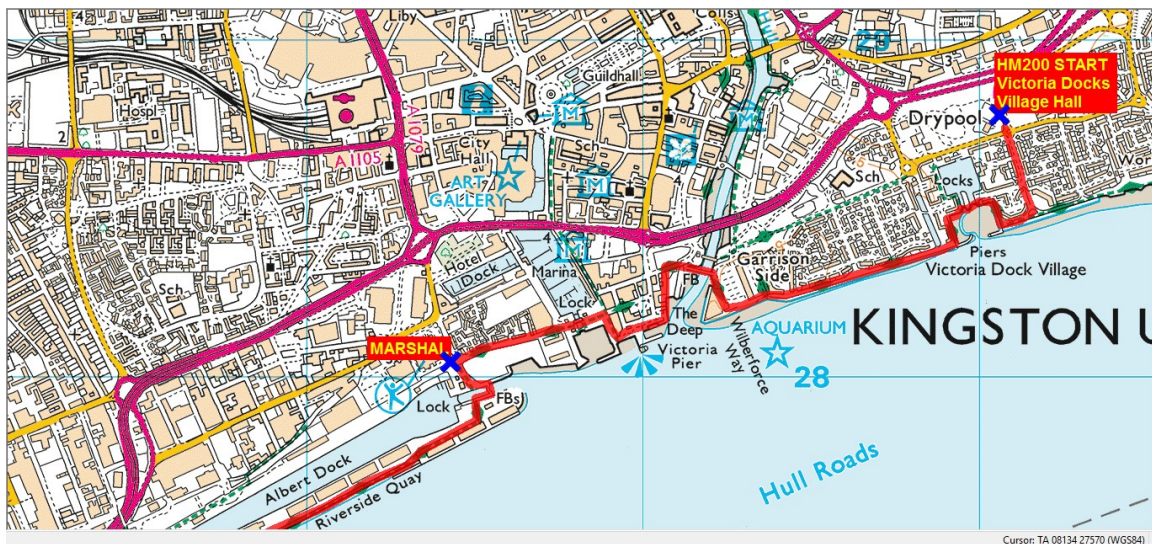


HARDMOORS 200₂₂

HULL – HELMSLEY

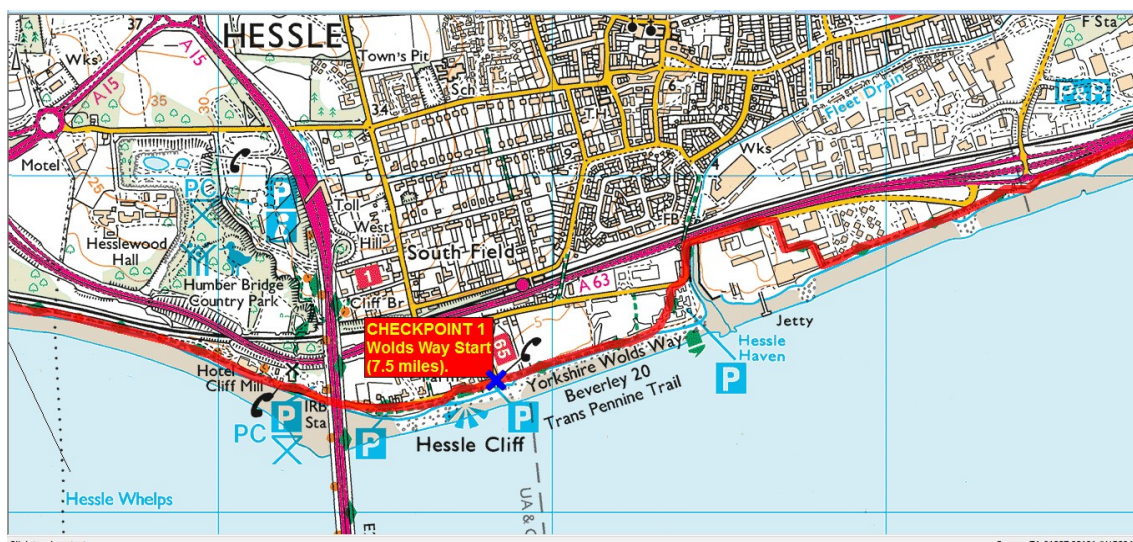
CW = CLEVELAND WAY TP = TRANSPENNINE WAY WW = WOLDS WAY

RACE START (VICTORIA DOCK) – CHECKPOINT 2 (BRANTINGHAM)
DISTANCE 17.5 MILES – GRID REF OS 943 301



1. Leave Village Hall & directly cross road & continue down **Maldon Drive**
2. As the drive starts to corner to the right leave the road & continue ahead towards the **foreshore** passing Victoria house on your left
3. On reaching the foreshore turn right (keep the **Humber to your left**) & follow the foreshore path eventually passing the **DEEP** on your right
4. Follow the path as it crosses the **bridge** over the tributary
5. Leave bridge, turn right onto road & **then immediately left** on road (do not follow TP sign to City Centre/Hornsea)
6. Take next road on the left (**Queen st**) passing **C4D1** on your left
7. At end of the street pass the **statue** and turn right
8. Pass **Caffe Gelato** on left, **Minerva Pub** on right. Turn right on **Minerva terrace**
9. Just after passing **metal gate** turn left on cobbled road
10. Cross metal bridge over the **lock** with the **Marina** on your right

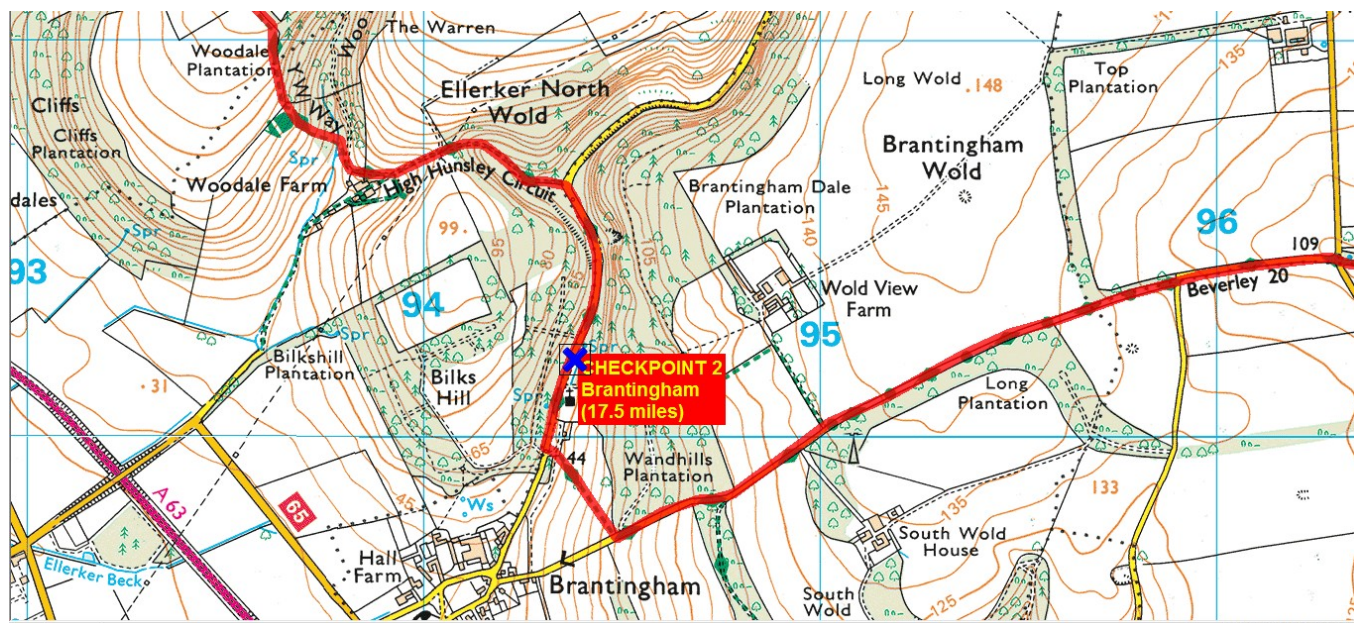
11. Continue straight ahead on road with **1884** on your right
12. Follow path along road & at **mini roundabout** turn left down **passageway** between steel fences
13. At end of passageway turn left and cross over **bridge** towards **Albert Dock Marine Control Centre**.
14. Turn right along chained path route. Turn left & **climb steps**, continue on high path & descend steps.
15. Continue **straight ahead** with Humber to your left & the Docks to your right
16. On reaching **deserted dock buildings** cross wasteland to reach the road. Turn left onto road. After 50 metres turn left to pick up path alongside the Humber. Pass by **Mr Wu's** on your right
17. Continue on path alongside Humber passing **Retail Park** on right. Keep to the Humber side path.
18. Pass by the **Andrew Marr International** building on your right
19. Continue along the water side passing **Waterside House** on right
20. At end of Waterside House buildings **turn right on concrete path**. Following path as it turns left in between **industrial buildings**
21. Pass **Hyundai**, turn left on path along road. Pass **Neil & Brown logistics** on left
22. Continue alongside road as it bends to the left. Pass by **Old Ferry Boat Inn** & leave the road on the left to follow the path (**TP Southport signed**)
23. Pass Wolds Way Stone. **CHECKPOINT 1 WOLDS WAY START (7.5miles)**



24. Leave CP & continue straight ahead alongside road under **Humber bridge**. Pass by the **Mill** on right.
25. Just before **Country Park Hotel** leave road & take steps down onto foreshore (**WW signed**) Continue on **shale beach**.

26. Leave beach to pass through **metal gate** & continue ahead on track
27. Go through next **metal gate**. Shortly after gate take **left fork** leaving main path. Continue on path alongside the **Humber**.
28. At **WW sign**. Leave Humber & turn right to follow **Wolds Way high water route** passing **pond** on left
29. At end of path go through metal gate & turn right onto road. Pass under **bridge** & continue ahead on road passing **church** on right & Boots chemist on your left
30. Continue uphill passing the **school** on the right
31. Just after school & on reaching **junction** turn left on road (pass **Medici** situated across road on right)
32. Continue on road & pass by Corby Park (street sign) & **traffic lights** on right.
33. On reaching **main junction** turn left. When path splits take righthand path along road **not cycle path**.
34. Turn right at the **traffic lights** to cross 2 roads (WW signed)
35. Turn left & continue on path over **bridge** (pass over A63) cross next road & turn right. (WW signed)
36. Follow path as it turns left into the **woods** (WW signed)
- 37.** Continue on path through woods, following arrow marked **fingerposts**
38. Follow path into a clearing & pass **North Hull Scout Camp** on your left
39. Descend track downhill through trees. At bottom of hill & on reaching **road**, cross directly over road & follow (WW signed) track uphill passing by **Melton Plant** (Quarry) on your right
- 40.** When path forks take the (WW signed) left fork into **Bowplantation**
- 41.** Continue on path through **woods** until it emerges onto a tarmac **road**
- 42.** Turn left onto the **road** & descend the road into the **Village of Welton**
43. At the road **junction** turn right up Dale Road (WW signed)
44. Continue on road passing **Walton Lodge** on your right
45. Continue on road into **Welton Dale estate** (pond on right)
- 46.** At the end of the road pass through the **metal gate** and continue on path through **Welton Dale**
- 47.** Pass through next **metal gate** & ascend uphill through the **woods**
48. At end of woods pass through **gate** & cross over **concrete track** & turn right inside field (WW signed)
- 49.** Continue on path following the field edge **uphill**

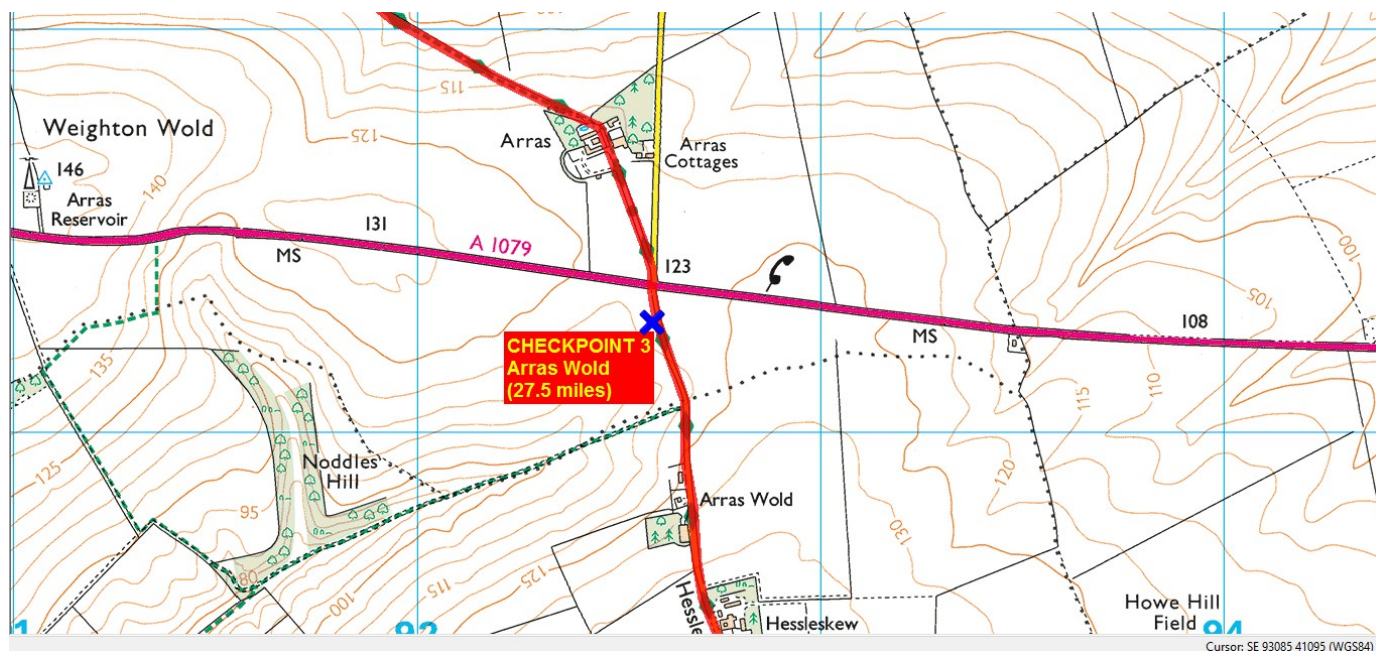
50. Turn left (WW signed) to leave the track & follow **path** (field edge)
51. At end of field (path junction) turn left onto the **concrete track** (WW signed) & pass through **gate**.
52. Directly after gate leave concrete track to turn right and follow **new track** (WW signed)
53. Turn left at track junction (WW signed) & follow **path** between hedges
54. At end of the path continue alongside the **gate** to reach the **road**.
55. Cross road and continue directly ahead on the (WW signed) **road**
56. Follow road for 0.25 mile, as road bends left, leave road & continue on wide **gravel track** (WW signed)
57. Continue straight ahead when the track becomes a **path**.
58. On reaching lane continue straight ahead (WW signed) & **descend** the lane. After **0.35 miles** leave the lane & **turn right** through a **wooden gate** (WW signed) *Keep eyes open for this turn off*
59. Descend path **downhill**, pass through **gate** & turn right (WW signed).
60. Head towards the **church** and turn left on the track to reach the **road**.
61. Turn right on road & pass church. Just after church is **CHECKPOINT 2 BRANTINGHAM (17.5 miles)**



CHECKPOINT 2 (BRANTINGHAM) – CHECKPOINT 4 (MILLINGTON V/HALL)
DISTANCE 40.6 MILES – GRID REF OS 925 412 – CUT OFF 1900

62. Leave CP & continue ahead on **road** for 0.3 miles. Turn left to leave road (signed WW South Cave)
63. Pass through the **kissing gate** & follow **track uphill**
64. Leave the track to continue directly uphill on the **path**.
65. At top of the climb continue ahead pass through **gate** & **descend track**
66. At the bottom of the hill turn right (WW signed). Follow track and pass through the **metal gate**. Continue on track, when track forks, take the left track to reach a **metal gate** (acorn signed).
67. Pass through gate and descend slope before **ascending steep hill**. At the top of the hill pass through the trees and through a **metal gate**.
68. Continue ascending along path between trees. Pass through next **wooden gate** & continue on **path**. Ignore the first right turning & continue ahead on the **path**.
69. When path leaves trees to reach a **junction** turn left (WW signed) & follow path alongside **field edge**
70. When path reaches the **wide track** turn left onto the track (WW signed) continue on track as it descends by **farm buildings** on the left & right
71. The track becomes a **road**. Continue **downhill** on road until it reaches **main road** at bottom of hill.
72. Turn left on path along side the road (WW signed) Just after **30 mph** signs, turn right & **cross over road**, leave road to join **path** (WW signed Newbold) Continue on **path uphill**
73. At top of climb turn **right** (WW signed) Continue on track straight ahead through **woods**. On reaching the end of the woods & the track junction, turn right onto the **gravel track** (WW signed)
74. Take next left off the track (WW signed) to descend through **metal gate** and down path into the **valley**
75. At path junction turn **right** (WW signed) follow path briefly, then **switch back** to left (WW signed)
76. Turn right (WW signed) & pass over **short stile** next to the **metal gate** Turn right briefly, before **metal gate** turn left **uphill on path** (WW signed). Follow path through **woods**.
77. At junction turn right then immediately left onto **wide stone track**. Continue on track through **woods**. Go through **wooden gate** & when track forks take left fork (WW signed). Stay on track through woods.
78. The track becomes a path as it climbs **steeply uphill**.
79. At the end of the woods turn left (WW signed) & follow the path along the **edge of field**
80. At the end of the field pass through the gap in the **hedge** & carefully cross the busy road (**B1230**)
81. Turn right into field (signed) & follow path at **edge of field**. At the **Beacon** turn **left** (WW signed)

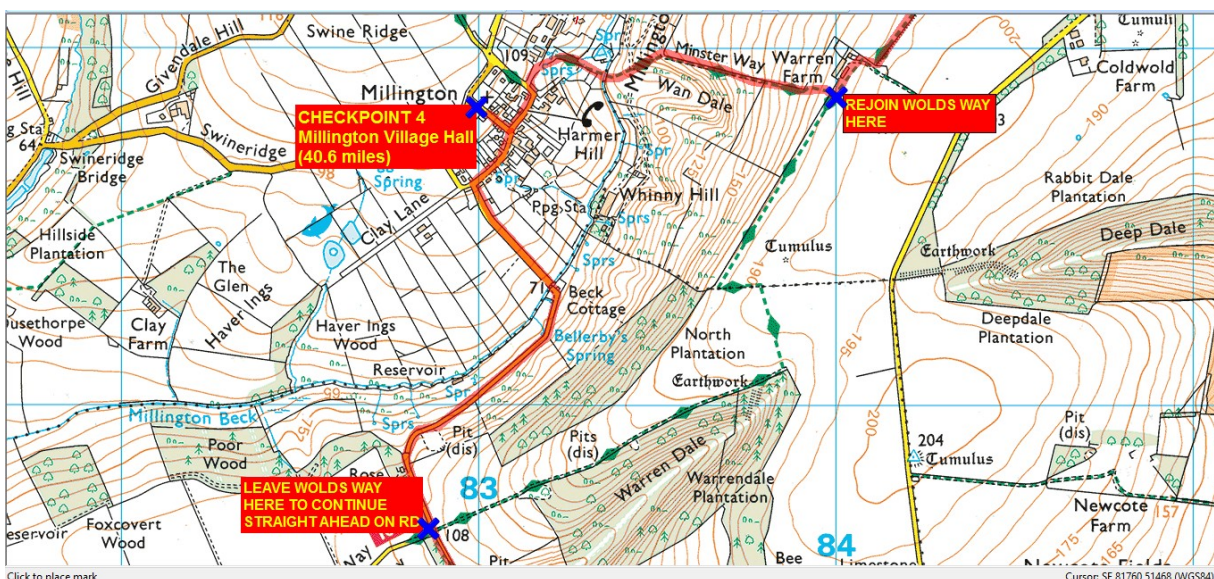
82. On reaching road turn right along the **road** (WW signed) At **road junction** cross road & continue directly ahead on **Littlewood Road** (WW signed).
83. Take 1st path off to left to **leave road** (WW marked) ascend along **edge of field** (hedge to left)
84. Pass through **metal gate** at end of the path. Take **steep descent** to the bottom of the hill & turn left onto the **wide grass track** Continue on the track as it **bends to the left** (WW signed)
85. Pass through **wooden gate** into next field & follow path ahead.
86. Pass through the next wooden gate alongside metal gate (WW signed) & continue on **grass track** directly ahead. Ignore the path leaving the track on the left & continue on **track ahead**
87. Pass through **metal gate** & on reaching road turn right onto the **road**
88. Just after large **green farm building** turn left to leave road, **ascend up track** (WW signed) On reaching the road turn right onto **road** (WW signed)
89. Leave road at next **track** off to the left (**signed Wolds Way 165**) Continue on track between the hedges. Continue directly ahead on **track**.
90. On reaching road turn right on road (WW signed) ignore first signed footpath on right. Continue on road passing **farm & buildings on right** & a couple of houses on left. Ignore signed footpath off left & continue on road until reaching road junction & **CHECKPOINT 3 ARRAS WOLD (27.5 Miles)**



91. Leave CP & continue straight across at the junction (**Cross with care over the busy A1079**) and continue directly ahead on the **road**
92. When the **road forks** take left fork towards **Aras Farm** (WW signed)
93. Continue straight between **farm buildings** (Acorn fingerposted)
94. Turn left onto the wide track. As track forks take the left fork & continue on **grass track** ahead ignoring any tracks of to the right.
95. At the end of the field continue straight ahead onto the path with **hedge to your left**. (WW signed)
96. Go through **gate**, descend grass path. At bottom of hill pass through **kissing gate** (WW signed)
97. At the road junction cross the road & follow the lane downhill **Road signed Goodmanham**
98. Turn left to leave road by side of **gate** (signed **WW Market Weighton** Not WW Goodmanham) & continue ahead on **disused railway** (now a gravel trail)
99. Keep on **main trail** ignoring any paths off to the left or right
100. Continue on the trail as it passes under the **bridge**
101. Continue on path when track becomes a **tarmac path**. Pass **Playground** on left & houses on right
102. Just before road sign **Moore Close** take path between trees & entrance to **Aspen Close play area**
103. Continue ahead on the lane towards the **Church**
104. Turn left before Church & immediately right between **Church** & the **Funeral Directors** (how handy)
105. Follow street & on reaching **High Street** turn right (**Boots & Coop** are opposite) onto **High Street**
106. Continue past **Griffin Pub** on right. **Wellbeing Centre** on right & **Tigers takeaway** on left
107. Continue on path passing **Becklands Park business centre** on your left and just after the **last house** on the right leave the roadside path by turning right through the **gate** (WW signed)
108. Continue on path diagonally across the **field**
109. Follow path as it continues through **4 more fields** before carefully crossing the busy **A614**
110. After crossing the road follow the driveway towards **Towthorp Grange** (WW signed)
111. Continue straight ahead passing a house on the left & a **barn on the right**.
112. Pass through kissing gate alongside metal gate (WW signed) & cut directly across field.
113. Continue on path as it passes through **kissing gate** alongside metal gate.
114. Keep on the path & continue straight ahead (edge of field) for the **next two fields**
115. Follow track towards the road & turn left onto the **road**

116. Follow road briefly & turn right at WW sign to leave road & follow track past **Gatehouse** on left.
117. Continue straight ahead through the **kissing gates** on wide track
118. When the track forks continue straight ahead (**ignore right fork**).
119. Pass through kissing gate alongside metal gate & continue ahead on track through **woods**
120. Pass houses on the left and on reaching road turn left onto **road** (WW signed)
121. Continue on road passing the **church** on your left
122. Follow the **road** as it bends to the right & ascends
123. On reaching **road junction** cross over following road sign **Burnby** (WW signed)
124. Continue on **road** for 1 mile
125. On reaching the **road junction** turn right uphill (WW signed).
126. Take first track on left Partridge Hall (WW signed) & follow track towards the **farm buildings**
127. Pass through **farmyard** & follow big yellow arrows (left then right). Continue through metal gate onto the track at edge of field.
128. Follow track directly through first field & then through **kissing gate** next to metal gate & into field.
129. Continue directly across next field heading towards **woods**
130. Pass through next **kissing gate** & continue directly ahead through field keeping woods to your left
131. Continue through **kissing gate** at end of field & follow path through bushes into next field following wire fence on your right
132. At end of the field turn left downhill along **track** (WW signed)
133. Continue **downhill alongside fence**
134. Pass through **kissing gate** & continue next to fence on your right
135. Cross over **bridge** & cut directly across field heading for track leading to the road.
136. Turn left onto the **road** (WW signed)
137. Continue on road passing houses on the right & a **Church** on your left
138. Just after church turn right through **kissing gate** leaving the road (WW signed) & continue on path around the outside of the field to reach the kissing gate at the far right corner
139. Turn left onto **road** (WW signed). Continue briefly uphill on road & take **first track to the right** leaving the road (WW signed).
140. Continue uphill on track, ignore right fork & pass through **kissing gate** alongside the metal gate.
141. Continue ascending directly **ahead on track**. The track eventually becomes a sheep trod.
142. Pass through gate & continue directly ahead (hedge on your right) following **path on field edge**.

143. Continue by the **plantation** on your left
144. Shortly after passing **farm buildings** on your right, take the left fork downhill. (WW signed)
145. When track forks, take right fork into **farmyard**. Turn left to join the lane passing the house on your left & continue on the lane to pass another house on your right.
146. Just before **bungalow** on the right leave lane & follow Wolds Way signed path uphill
147. At Acorn fingerpost **turn left on path** (hedge to your left)
148. On reaching the road cross directly over & pass through **green metal gate** (WW signed)
149. **Cut directly across field** towards woods keeping the fence to your right.
150. Keep to the right of the woods & continue through the **next green metal gate**
151. Continue directly **ahead on path** at edge of field.
152. Follow acorn fingerposts as they lead you slightly uphill to follow the **upper edge of the next field**.
153. Continue on path leading into farmyard. Pass **straight ahead through farm** then turn left (WW signed) onto a lane downhill.
154. Follow lane & on reaching the **two benches** on the right (just before the lane reaches the road **IGNORE** the Wolds Way sign & **continue directly ahead on the road towards Millington**
155. Follow the **road** down to the bottom of the dale, across **Millington Beck** and then up the other side to the **T-Junction** (OS 830 516.)
156. Turn right down **Main Street** for 0.25 miles, pass **Gait Inn** on left then turn left up **Church Lane**.
157. The **Village hall** is on left after 50 yards. **CHECKPOINT 4 MILLINGTON V HALL (40.6 miles)**

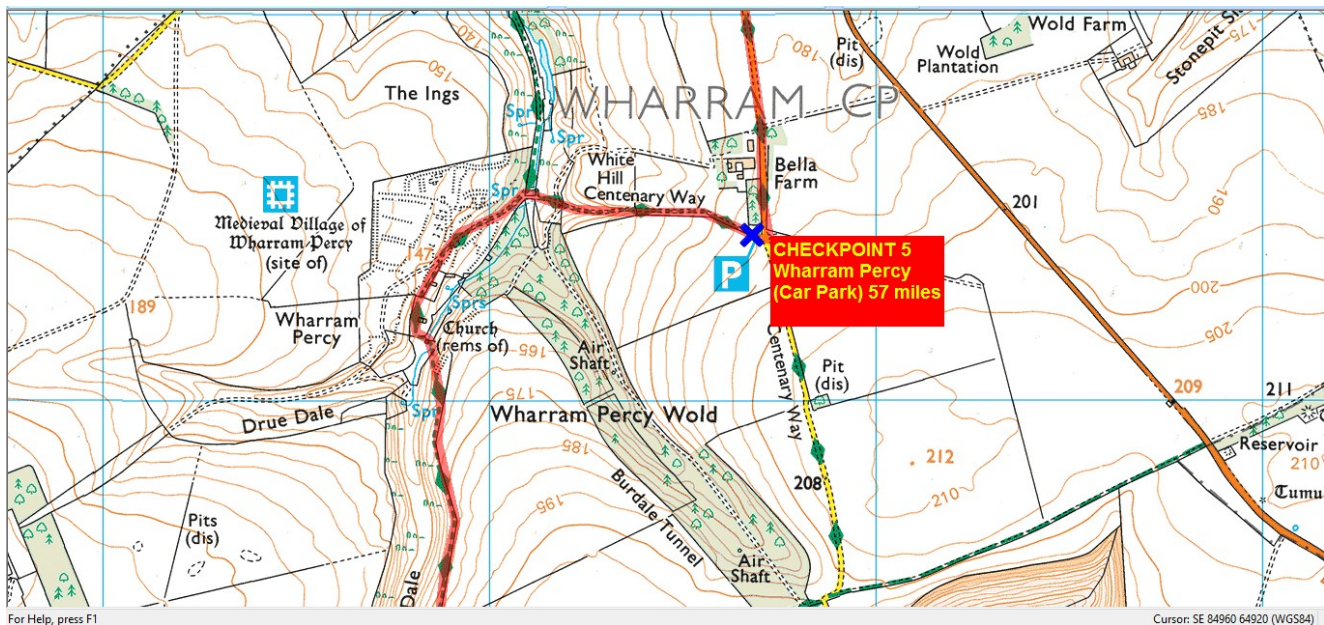


CHECKPOINT 4 (MILLINGTON) – CHECKPOINT 6 (WINTRINGHAM)
DISTANCE 65 MILES – GRID REF OS 878 734– CUT OFF 0100

158. Leaving the Checkpoint head back down Church Lane & **turn left** on to **Main Street**. After 0.25 miles turn right at the signpost indicating **The MinsterWay**.
159. Cross the **Cattlegrid** & continue down the hill & onto the **wooden walkway** (caution - slippery).
160. Go through **gate**, continue up **hill** to fence & follow it to top, **turn left** & rejoin **WW** at **Warren Farm**
161. Pass over the gravel track & continue directly ahead on **wide grassy track** (WW signed)
162. Continue on **track with hedge to your right**
163. Continue on track as it follows the **edge of the field downhill**
164. Leave the field by the **kissing gate** on the right (Acorn sign) Descend **path** ahead
165. At bottom of descent, cross directly over & **ascend the next path** traversing the hill (WW signed)
166. Half way up the hill follow the Wolds Way sign as it **switchbacks to the left**
167. At top of climb pass through the **kissing gate** and continue directly ahead on path
168. Pass through **next kissing gate** (WW signed) & descend hill. At bottom of hill directly cross the track & **ascend the path up the next hill**.
169. At the top **turn right** (WW signed) and ascend track keeping wire fence to the left
170. **Continue through the wooden gate** (Acorn) & continue straight ahead with metal fence on your left
171. At end of metal fence **turn left through gate** & follow path with trees on right & a wire fence on left.
172. Pass through **wide wooden gate** (Acorn) & turn right on path
173. Continue on path until reaching **wooden gate** (WW signed)
174. Pass through gate and turn **left onto the road**. Follow **road** briefly
175. At **junction turn left** to leave road (WW signed) & pass through gate into field Follow path at **edge of field** (hedge on left).
176. Pass the wooden acorn (45 miles to Filey 35 miles to Hessle)
177. At end of path turn right onto the **track** (WW signed) & continue on track until reaching **road**
178. Directly cross road to join **Glebe Farm private road** (WW signed) Continue ahead on private road
179. Just before house on left leave road & **take path on right** (Acorn) between wooden fence & hedge
180. On reaching the road continue **downhill on road**
181. As road ascends **continue on road** through trees & at road junction turn left onto road (WW signed)
182. Follow road downhill & continue ahead towards **North Field Farm**

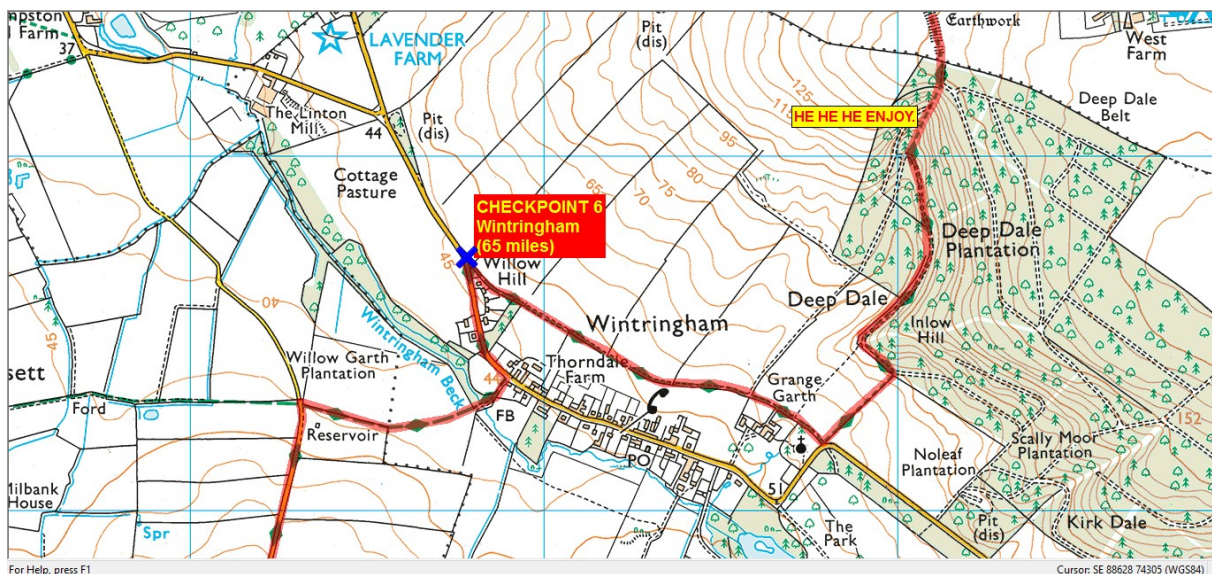
183. After 0.6 mile turn left to **leave lane** & follow WW signed path along edge of field with hedge on left
184. At end of field go through **gate** (WW signed) turn right & follow path (passing wooden bench on left)
185. At bottom of hill & on reaching path junction **turn left through wide wooden gate** (WW signed)
Continue ahead on path with wire fence on the left
186. When track forks ignore left fork & **continue uphill**
187. Continue on through **wooden gate** (Acorn) to right of metal gate.
188. At **track junction** (WW signed) turn briefly right then turn left onto wide track
189. Pass by G A Fisher & houses on your left & continue ahead along the **lane**
190. On reaching the **main road** turn right along the road
191. At road junction turn left passing **Farmers Arms** on right, continue along 'Back Street' & pass by **pond** on your left.
192. Continue on road & turn left to leave the road just before **ABN** (WW signed)
193. Continue on track & at next road (2nd entrance to ABN) continue straight across road to pick up **track** on other side (WW signed) Continue on **track** with hedge to your left
194. At end of path turn right through **metal kissing gate** (Acorn) take wide path descending hill
195. At bottom of hill turn right & then left heading across to **metal kissing gate** (WW signed)
196. Pass through the gate & **ascend path**
197. At top of track continue ahead through wooden gate (WW signed)
198. Continue straight ahead on **wide gravel track** (ascending) At track junction turn left and follow **track**
199. When track corners to left leave stone track & continue straight ahead on **grass track** (yellow arrow)
200. Continue on **track** keeping the trees & wire fence to your left & the field to your right.
201. On reaching the **gate**, pass through the gate (WW signed)
202. On reaching the **road**, cross directly over the road to pick up the **Wolds Way signed track** Continue on **wide track** between hedges
203. On reaching wooden gate and stile, pass over **stile** (acorn) & continue on **track downhill**
204. At bottom of hill turn right and follow path along **valley bottom** (WW signed) Pass through **wooden gate** (acorn) & continue ahead on path
205. Pass through next gate (acorn) alongside wide gate and follow **track** (with wire fence on your left)
206. Pass through **metal gate** & on reaching road turn right onto the **road**
207. Continue on road, ignore 2 roads off to right & take first road to the left into **Thixendale** (WW signed)
Follow road into the **village**

208. Pass by the **village hall** on your left
209. On edge of village turn right & leave road. Follow **wide gravel track uphill** (WW signed)
210. As track forks **ignore right fork** & keep on wide track
211. On reaching gate (acorn). Pass through **gate** alongside wide gate (was open when writing this)
212. Continue on **track** with trees to your right & field to your left
- 213. Ignore next right turning**
214. **Leave track** as track bends to the left
215. Follow **Wolds Way sign** (follow path alongside track)
- 216.** Continue on path as it turns right (WW signed) & **descends**
217. Continue through **wooden kissing gate** (acorn) & continue on path as it descends hill
- 218.** Continue through **2 more wooden gates** & turn right (WW signed) then left up a track gradually ascending with a **wire fence to your right**
219. At top of climb pass through **metal gate** (acorn) then continue ahead on **wide track**. (Hedge to your right & field to the left)
220. As path forks follow **right fork** to leave field (acorn finger posted) & pass through trees. On reaching track turn right (WW signed) **Do not follow wide stone track** but keep on grassy track with hedge to your right and field on your left
221. Pass over **2 stiles along side 2 metal gates** while continuing straight ahead on track
222. Continue on **track** ignoring metal gate on right as track bends to left (signed WW Wharram Percy)
- 223.** On reaching WW sign, turn left after sign & descend hill side (**ignore left turn just before sign**)
224. Pass through **wooden kissing gate** at the bottom & turn right keeping **pond** to your left
225. Follow path passing **deserted Church** on right & continue ahead to pass deserted house on right
226. Continue through kissing gate (alongside deserted house) & continue ahead on path.
227. On reaching **track** turn right and descend path
228. Go through **kissing gate** (WW signed) & cross directly over wide track to continue over the **small bridge and up the steps** & through the **kissing gate** (WW signed)
- 229.** Follow path across field & through **wooden kissing gate**, along side the metal gate (WW signed) continue on **path uphill**
230. Pass through **wooden kissing gate** & continue uphill on stone path
- 231.** Leave the path to enter the carpark **CHECKPOINT 5 WHARRAM PERCY (57 miles)**



232. Leave the Checkpoint and on reaching the **road** turn left & continue ahead on the road
233. Pass **farm buildings** on your left.
234. As road turns right, turn left to leave road (WW signed), continue downhill on **wide track**
235. As track turns to left continue straight ahead leaving track & follow path onto the **road** (WW signed)
236. Turn right onto the road & follow road into **Wharram Le Street**
237. At road junction turn left & follow path alongside **main road** (WW signed)
238. Leave road after passing the last house in the village by turning right onto **wide stone track** (WW signed) **cross road carefully**.
239. Continue on **wide track** On reaching road, **cross road** & continue directly ahead on wide track
240. Pass **barn** on right & just before metal gate turn left then immediately right (WW signed)
241. **Descend path** (hedge to right & field to the left) On reaching **wooden kissing gate** pass through gate & turn left (WW signed). Follow **path** keeping close to the wire fence (on left)
242. On reaching **WW sign** follow sign by turning right & descend the hill
243. Continue directly ahead heading for the **tree line & edge of field** to reach a **metal gate**, pass through the metal gate & the wooden gate (WW signed) **Filey 29 miles**.
244. Continue directly forward **ascending field** (path eventually becomes visible)
245. On reaching **Wolds Way sign** turn right onto a **concrete track** (just after WW sign)
246. Continue on the track as it passes through the **farmyard** (please pass through quietly)
247. Continue on track uphill passing **large barn** on left. When track forks take **right fork** & continue ahead on **track**
248. At **track junction** turn left to leave wide track & then immediately right between trees (WW signed) **At night keep your eyes open for this path, it would be easy to miss**

249. At the end of the path turn left on the **wide track**
250. Continue on **track** as it corners to the right (WW signed) Continue ahead on **track** with trees to right
251. Continue on track to pass **farm buildings** on right On reaching road turn right onto **road**
252. Follow road briefly & then turn left (leaving road) onto **wide stone track**.
253. At **kissing gate**, alongside metal gate, go through gate & continue on **track** through woods
254. At **track junction** turn right (WW signed) & continue on main track
255. At **next track junction** turn left to leave main track (WW signed) & **descend gravel track**
256. Pass through **kissing gate**, alongside wide wooden gate. (WW signed) & continue downhill on grass track passing bench on the left
257. At **track junction** turn right (WW signed) keeping wire fence to your left & **descend track**
258. Pass by **pond** on your left & continue through wide wooden gate and **ascend track** through trees
259. On reaching **track junction** turn right to join **stone track** (WW signed) Continue on **track**.
260. At the **Wolds Way sign** turn right to leave the lane
261. Continue on **path** with hedge to the left and field to the right
262. At end of field follow **path** (WW signed) straight across the middle of the next field
263. Go through **wide metal gate** (WW signed) & continue over wooden bridge passing **pond** on left
264. Continue on **track**
265. On reaching the road turn left onto the **road** (WW signed)
266. Follow road past **Wintringham Community Hall** on the left
267. On outskirts of village turn right to **leave road CHECKPOINT 6 WINTRINGHAM (65 miles)**



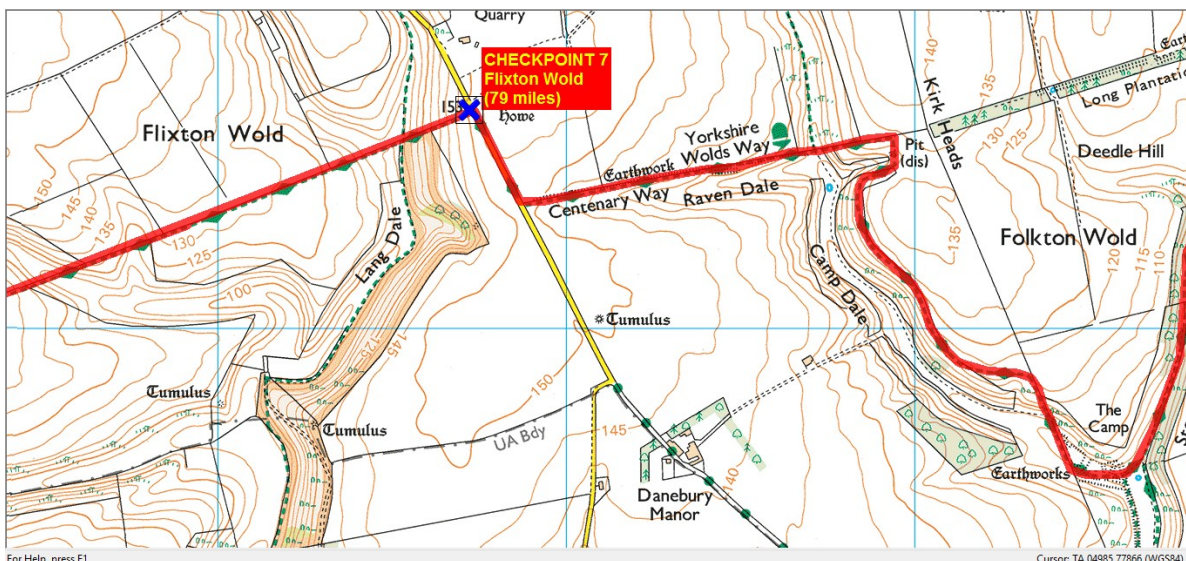
CHECKPOINT 6 (WINTRINGHAM) – CHECKPOINT 8 FILEY BRIGG
DISTANCE 88 MILES – GRID REF OS 124 816

- 268. Leave Checkpoint and follow **wide track** between hedges, keep to **hedge side** (on left)
- 269. Pass through **gate** (acorn) into field & follow **path** with trees to your right and field on your left
- 270. At **track junction** continue straight ahead keeping tree/hedge line to your right
- 271. Pass by **church** on right (hidden by trees)
- 272.** On reaching **wooden gate** (end of field) turn left up the edge of the field alongside **hedge line** (WW signed) - **Filey – 23 miles**
- 273.** At top right corner of field **leave field** through **wooden kissing gate** & follow path into **woods**
- 274. On reaching **stone track** turn left onto track and continue ahead (WW signed)
- 275. On reaching **Wolds Way sign** (just before track corners to the left) turn right to leave track to **ascend steep hill** on path **ENJOY ;o)**
- 276. On reaching **path junction** continue straight ahead
- 277. Pass through **wooden gate** (acorn) & continue ahead on **path** between bushes
- 278. On reaching road turn left onto **road briefly** (WW signed)
- 279. Turn right to **leave road** & pass through **gate** (acorn) follow track through another gate into woods
- 280.** Turn right (WW signed) & continue on **path between trees**
- 281. When **track forks** continue straight (WW signed) ahead ignoring left fork
- 282. At next **Wolds Way sign** continue straight ahead
- 283. At **next junction** continue Straight ahead (WW signed) ignoring left fork
- 284. Pass through **wooden kissing gate** & leave the wood
- 285. Continue on **path** keeping wire fence to your left & then tree line to your left
- 286. Continue following the **edge of the field** as it turns to the right (keep hedge to your left).
- 287.** On reaching **kissing gate** (acorn) pass through gate and directly **cross road**
- 288. Go through **kissing gate** alongside metal gate & continue on **wide track** with trees to your left.
- 289.** At end of trees turn left onto **grass track** leaving track, **not signed.** **DO NOT CONTINUE ON STONE TRACK**
- 290. Continue on **grass track** keeping wood to your Left
- 291. On reaching metal gate (do not go through gate) follow **Wolds Way sign** and turn right.
- 292. Continue ahead on **path** with hedge to your left

293. Continue on **path** as it turns left and right (WW signed)
294. Continue on **path** with wire fence to the left and field on right
295. At end of field pass through **kissing gate** (WW signed).
296. Follow **Wold Way sign** & turn left to **descend field** keeping hedge & wire fence to your left
297. At bottom of field pass through **wooden kissing gate** (acorn) & turn **right** (WW signed)
298. Follow **path** alongside wire fence (fence on your right)
299. Pass through **wide wooden gate** & continue ahead on **path** (WW signed)
300. Pass through **wooden gate** & continue directly over lane to pick up **track** (WW signed) Keep **metal fence** to your right
301. On reaching end of field continue on **track** directly ahead keeping hedge to your right (WW signed)
302. At **path junction** turn left (WW signed) **head briefly downhill** on track towards trees on your right
303. Turn right to **leave track** just before trees (WW signed). Continue on **path** Keeping trees to your left
304. On reaching end of the path turn left through **wide wooden gate** (WW signed) into the field **Descend** alongside wire fence (fence on your right)
- 305.** On reaching **WW sign** turn right to leave field & continue through **wooden gate**
306. Follow **path** with hedge/trees/fence to your left. Head towards **copse of trees**.
307. On reaching **copse of trees** turn left & immediately right. Follow **path** with trees to your right
308. Pass through **wooden kissing gate** (WW Signed)
309. Continue straight ahead on **path** keeping trees & wire fence to your left
310. At end of field turn right following **WW sign** & **ascend path** keeping hedge to your right
311. On reaching road turn left onto **road** (WW signed) & follow road
312. At **road junction** ignore the first right turn & leave the road by taking **path on right** (just after first right turning) continue on path running adjacent with the road (WW signed)
- 313.** Continue on **path downhill**
314. Follow **path** to your left between trees & left of wire fence (acorn fingerpost) to rejoin **road**.
315. Turn **right on road** & continue descending (WW signed)
316. Turn right onto **wide track** & leave the road (WW signed)
317. Follow **wide track** keeping hedge to your left & field to the right
318. On reaching next **road** turn right onto the road (WW signed)
319. Continue ahead on **road**. At **road junction** take road off to the left (WW signed) continue on **road uphill** then turn left off the **road** following **Wolds Way sign** into the field

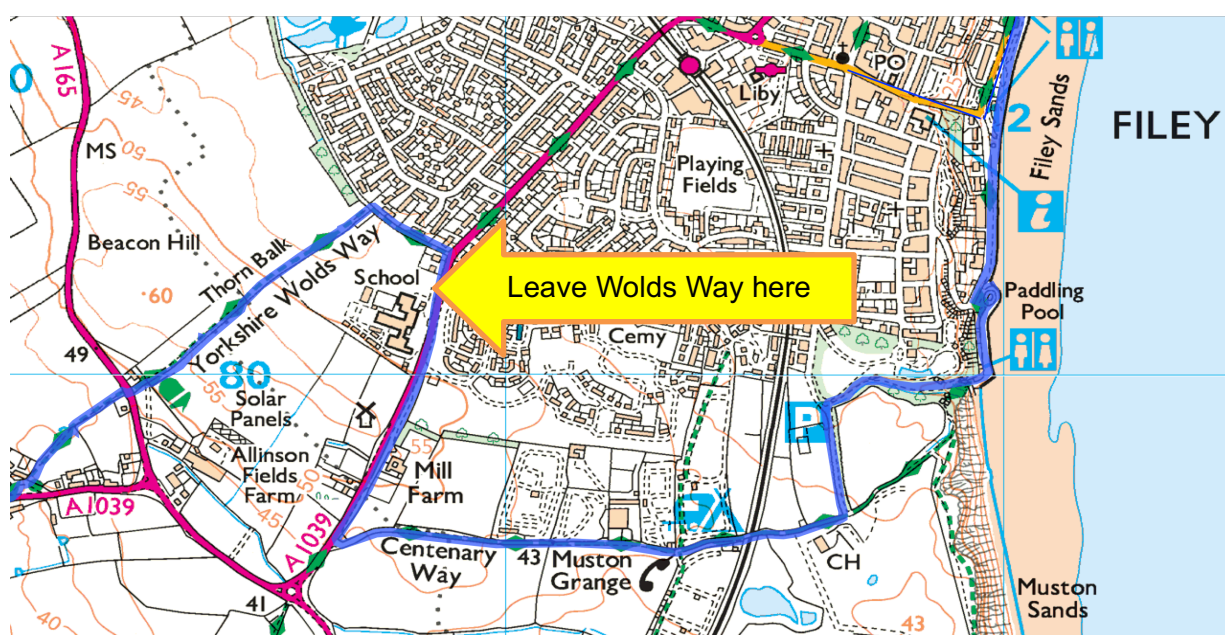
320. Follow **path** with trees to your left. Continue on **path** as it turns right & **ascends** between hedges
321. Turn left through **wooden gate** or if you are feeling fit climb over the **stile** (acorn signed)
- 322.** Continue on **wide track** through field & then into **woods**.
- 323.** **Ignore right fork** & continue on **track downhill**
324. As **track** forks turn left to leave main track & pass through **gate** (acorn signed) Follow **path** in field keeping close to **hedge line** (hedge on right)
325. Pass through **wooden gate** & continue on path with hedge on right & golf course on left)
326. At bottom of hedge turn right & join **wide sandy track** Follow **sandy track** (ignore any right turnings)
327. **Ignore first track on left** & pass by **copse of trees** on your left
328. Continue past **farm buildings & houses** on left & right
329. On reaching the lane **turn right on the lane** (WW signed)
330. At **path/track junction** take first track on your left (WW signed)
331. Continue on **track** with hedge to left & trees/hedges to the right. Stay on **track** until reaching road
- 332.** Turn left onto the road & continue ahead on **road**
333. Take the first **road** on the right (WW signed) continue on **road** past houses on your left
334. When road bends to your left **leave road** & continue straight ahead on **grassy track** (WW signed)
335. Pass by back of houses & continue on **track** with hedge to left & field to the right
336. Continue on path as it briefly turns to the left (acorn signed) & then continues to the right
337. Continue on **path** keeping hedge to your right & field on left
338. At end of field continue on **path** through trees & on reaching next field turn right (acorn signed)
339. **Ascend path** at edge of field keeping hedges/trees to your right
340. At end of field follow **path** into next field & turn left (signed acorn)
341. Continue on **path** with bushes to left & field to right
342. At end of field turn right onto **stone track** (acorn signed)
343. **Ascend track** & when track forks take left track through **wooden gate** (alongside metal gate).
344. Pass through next **gate** & **ascend hill** (keeping to right of field close to wire fence on left.)
- 345.** Go through **wooden gate** (acorn) & continue ahead on **path**
- 346.** Through **next gate** (*time of writing gate is broken*) continue ascending (WW signed) **Filey-12 miles**

347. Follow **path** alongside edge of field (hedge to your right)
348. At end of field turn left (WW signed) & continue on **path** at edge of field with hedge on your right
349. Turn right to pass through **wooden gate** (acorn signed) & continue on path into new field with hedge to left & field to the right
350. On reaching **Wolds Way sign** follow sign & turn right through the **wooden gate**
351. Follow **path** at side of field with hedge on your right
352. On reaching **road** cross road & continue directly ahead onto **lane** alongside **Staxton Wold Farm** (WW signed) **CAUTION cross carefully can be very busy**
353. Continue on **lane** passing **farm buildings** on your right
354. On reaching the **junction** follow lane to the right (WW signed) passing by **RAF Staxton** on your left
355. Continue on **lane** passing **High Farm** on your right
356. Follow **lane downhill** ignoring first track off to the left.
357. As track forks take **left hand fork** & continue descending
358. **Turn left** to leave track at **WW sign** & ascend very steep path uphill between trees/bushes *he he :o)*
359. Pass through **wooden gate** & continue **ascending**
360. Continue through next **wooden gate** and continue **ascending** keeping wire fence to your left
361. On reaching end of the field turn right **following acorn sign**. On reaching **Wold Way sign** turn left
362. Pass through **wooden gate**
363. **Descend hill** keeping close to fence on left, **ascend next hill**.
364. Follow **fence/hedge/tree line** (on left) through **3 gates** as the path **descends & ascends** & eventually reaches the **road** (The **tree/fence/hedge line** is a great line to use in the dark)
365. On reaching the road turn right onto **road** to reach **CHECKPOINT 7 FLIXTON WOLD (79 miles)**



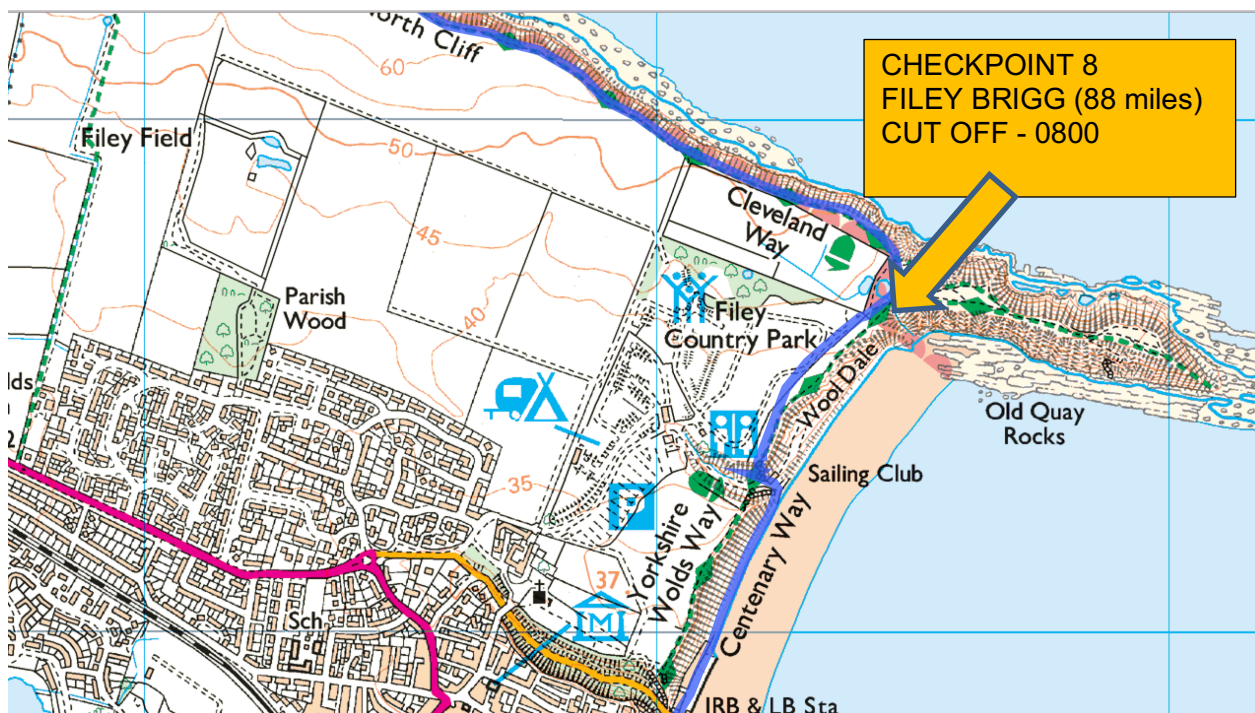
366. Leave Checkpoint & **continue right** on the road.
367. **Turn left** to leave road through **wooden gate** (acorn) just after hedge ends & wooden fence starts.
368. **Descend grass path** keeping wire fence on left. At bottom of descent follow **WW sign** & turn right
369. Continue directly ahead on **path** up the hill following **acorn fingerpost**
370. Continue on **path** at top of hill (edge of field) following fingerposts (**Filey 7 miles**)
371. At end of field follow **WW sign** & turn right to **descend hill** keeping wooden fence on left
372. At **bottom of hill** turn left through **kissing gate** (acorn) & continue ahead on **grass track path**
373. On reaching **path junction** turn left (WW signed) & continue ahead on **grass path**
374. Pass through **wooden kissing gate** alongside large wooden gate & continue ahead on **grass path** between trees. Continue on **path** as it enters the **field**
375. Continue on **path** keeping the hedge & trees to your left & field to your right
376. At edge of field **ascend track** keeping trees to left & field to right
377. Continue straight ahead when grass track becomes a **stone track**
378. Continue on **track** passing **farm, farm buildings & house** on your left.
379. On reaching the road, **cross the road** & pass by metal gate into field (WW signed)
380. Continue ahead on **path** keeping hedge to right & field to left for **0.5 miles**. Keep eyes open for **gap in hedge & Wolds Way sign** on the right
381. Pass through gap in hedge & follow **Wolds Way sign**
382. On entering new field follow **path to diagonally cross the field** to reach **gate**
383. Continue through **wooden gate** & follow **Wolds Way sign** into new field
384. Turn left down field keeping hedge to your left & field to the right
385. Pass alongside **wooden gate** (acorn) on your left (at time of writing nothing attached to it)
386. At bottom of field continue straight ahead through **wooden gate** (acorn) into new field.
387. **Continue straight ahead** (keep close to hedge on left) At bottom of field go through **wooden gate**
388. **Continue straight ahead** keeping close to edge of field with bushes/hedge to your left
389. Pass by **gate** (acorn). At time of writing nothing attached to it
390. **Continue to the bottom of the field** (bottom left corner) & pass through **wooden gate** (acorn)
391. Continue through next **wooden gate** into field (keeping close to the hedge line on left)
392. At bottom of field (bottom left corner) pass through **wooden gate** on your left (acorn signed)
393. On reaching **road** turn right alongside road (WW signed)

394. **Cross road carefully** to reach **path**, turn right on path & continue following roadside into **Muston**
395. Pass **Ship Inn** on left ignoring road off to right. Continue on **road** as it passes **church** on your left
396. Continue following **road** as it **corners to the left**
397. Just after the road corners, when road forks, **follow left fork** leaving main road to join **King Street**
398. Ignore road leading off to the left & **ascend path passing fronts of houses** (chain on right)
399. Just before the **bench** turn left to leave path & continue up **steps** (WW signed)
400. Follow **path** to reach **kissing gate** (acorn) pass through **gate** into field.
401. Continue on **path** keeping to the edge of the field, keep wire fence to your left
402. At end of field turn left through **kissing gate** (far left corner) into new field
403. Turn right & follow **path** at edge of field keeping hedge/trees to the right
404. Continue straight ahead through **kissing gate** to leave field & reach road. **CAUTION carefully cross the busy road**
405. Pass through **kissing gate** (WW signed) into field. Keep to **fence line** (fence on left)
406. Go through next **kissing gate**, continue directly ahead with hedge on left & wire fence to right
407. Pass through next **kissing gate** into new field & follow **path** directly ahead keeping hedge to right
408. **Pass through gate** (WW signed) Cross over **small wooden bridge** & turn right
409. Follow **path** with field hedge on right & garden hedges on the left
410. On reaching road **Ignore Wolds Way sign & turn right** Leave Wolds Way for a while here



411. Continue along **footpath** passing **Filey school** on right (heading away from Filey Town Centre)

412. Continue by the '**Come back soon**' sign on your right
413. Pass by the **large road sign** on your left. On reaching the **Bus Stop** carefully cross the **road**
414. Once across road turn left to leave path & follow driveway into **Muston Grange Caravan Park**
415. Continue ahead on **driveway/lane**. Continue by **Muston Grange Park entrance** on left
416. Continue on **lane** passing **children's play area** on the left
417. Just before entrance to **Centenary Way Caravan Park** leave lane & follow **path** on right
418. On reaching **path junction** continue straight ahead on **Centenary Way**.
419. Keep on **path** between hedges/bushes. Cross over **Railway Bridge**
420. When **path forks** ignore left fork & continue straight ahead alongside wooden fence (fence on left)
421. At the entrance to **Filey Golf Course** on the right, turn left to leave the path and join the road
422. **Continue on road for 0.15 miles** & take first left (St Martins Ravine) opposite entrance to the carpark
423. **Descend wide concrete track** & continue straight ahead onto the promenade
424. Follow **promenade** as it bends to the left & passes **toilets** & chalets on your left
425. Just before **paddling pool** on right leave promenade to cross cobble lane
426. Join **path** alongside **seafront road** then drop down when you can onto the promenade
427. **Continue alongside the blue railings**. Keep blue railings & sea to your right
428. Continue on **promenade path** for its full length, pass both a **giant fisherman** & **giant red lobster** on the left.
429. At slipway leading onto beach & before **lifeboat station** turn left to join **roadside path (Church Ravine)**
430. Pass **telephone box** on right & immediately leave path to **ascend first set of steps** (on right)
431. **Continue to the right to ascend second set of steps** & then immediately left on path uphill
432. Turn right to **ascend next set of steps** & continue on path to left to ascend **another set of steps**
433. Then left & right to ascend final **9 steps** to reach cliff top path
434. Continue directly ahead on **cliff top path**. Keep to the **cliff top path** passing benches on left
435. On reaching steps **descend steps** down to the ravine
436. On reaching **ravine** cross directly over concrete track & **ascend steps** opposite to return to **cliff top path**
437. Continue ahead on **wide cliff top path** keep benches to left & sea to right for 0.25 miles
438. Just before reaching the fence arrive at **CHECKPOINT 8 FILEY BRIGG (88 miles) CUT OFF 0800**

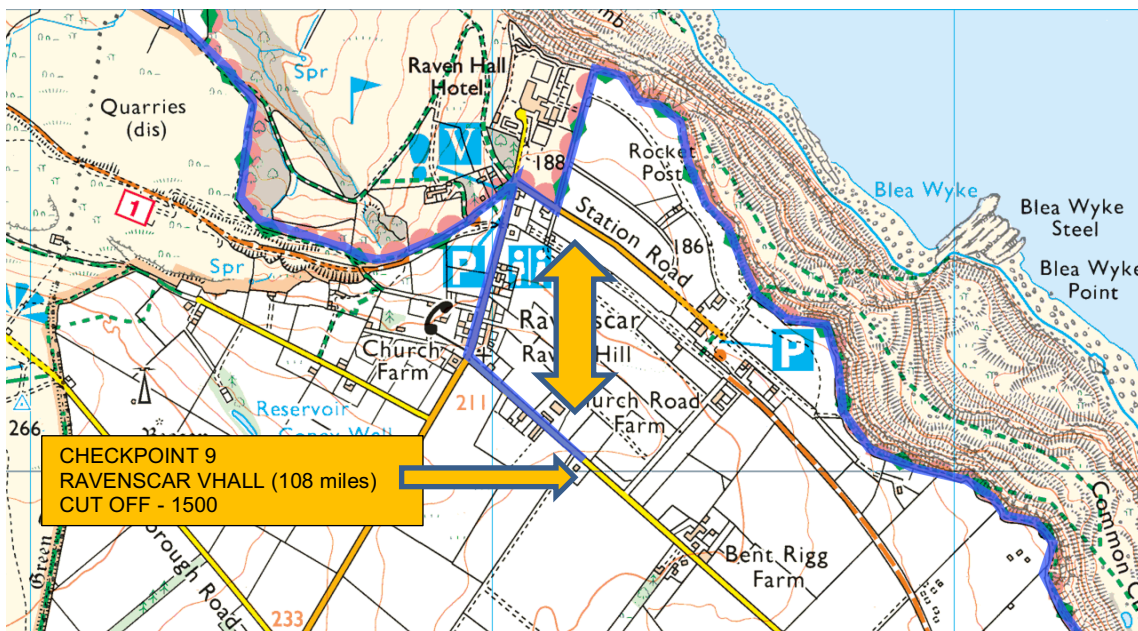


**CHECKPOINT 8 FILEY BRIGG – CHECKPOINT 11 SALTBURN
DISTANCE 139 MILES - GRID REF OS 667 216 - CUT OFF 0000**

1. Leave Filey Brigg & continue ahead & pass by **Newbiggin Cliffs**.
2. Pass by **Cunstone Nab** and by **Caravan Park**, taking track in front of the Caravans. Ignore any paths leading off the Clifftop path
3. As the path descends down towards **Cayton Bay**, keep to the Cliff edge as it passes **Houses DO NOT DESCEND DOWN TO THE BEACH**, continue on path and descend the steps
4. Carry straight over track & through gate, **ascend hill**, carry on ahead along fence line through next gate
5. Descend **steep steps** on your right (signed CW) continue on main path as it passes through **several gates** marked with **Finger Posts** (Acorn signed)
6. Ascend **steep steps** & at top turn right on **road** (Signed CW)
7. Continue on **road for 0.3 miles**, leave road & turn right, down a **signed path** (wooden fence on right) continue to bottom of path & on reaching a dead end turn left following **Cliff top path**
8. At next track turn right & descend to **concrete track**, turn left & ascend onto **clifftop path**. Pass **Golf Course**, Keep on clifftop path
9. Turn right to descend **wide gravel path** down towards sea.
10. On reaching a **large line of boulders** turn left. Keep sea to right & **Star Map to the left**.
11. Continue on lower path & pass through the **Scarborough Spa on the left**

12. Continue directly ahead on the **promenade/seaside road** and do not turn off.
13. Pass by **Scarborough Castle** high above on left & keep on promenade/seaside road
14. On reaching **Sealife Centre** on left & just before **Scalby Mills pub** on right cross **footbridge over Scalby Beck**, ascend steps, keep to left path, follow path as it continues north along the cliff edge
15. At **Crookness** cross concrete pathway (leads down to beach) continue ahead along **Cliff top path**.
16. Pass by **Coastguard lookout station**. Descend steep steps leaving the cliff edge of Hundale point. The path continues round **Cloughton Wyke** (inlet) & back along the cliff top path
17. Pass through woods & descend down to junction of paths, turn right & follow path down **stone steps** to descend to **Hayburn Wyke**, at next fork turn right & then left at next fork to descend to **wooden bridge**.
18. Cross **bridge** & ascend **steep steps** through trees. Descend **steps to next bridge**, cross & follow path
19. Ascend next set of **steps** and at the top cross over the **stile**. Continue ahead on **Cliff top path** ignoring any paths to the left or right
20. On reaching **Ravenscar** head towards the **Hotel** the path reaches a dead end (Hedge) Turn left along track towards **road** and on reaching the road turn right towards the Hotel
21. As road bends to left follow **road leaving the CW (briefly) to visit the Checkpoint**,
22. Continue ahead along road for 0.25 miles & take next road on your left,
23. Pass Church on left & follow road for 0.2 miles to arrive at.

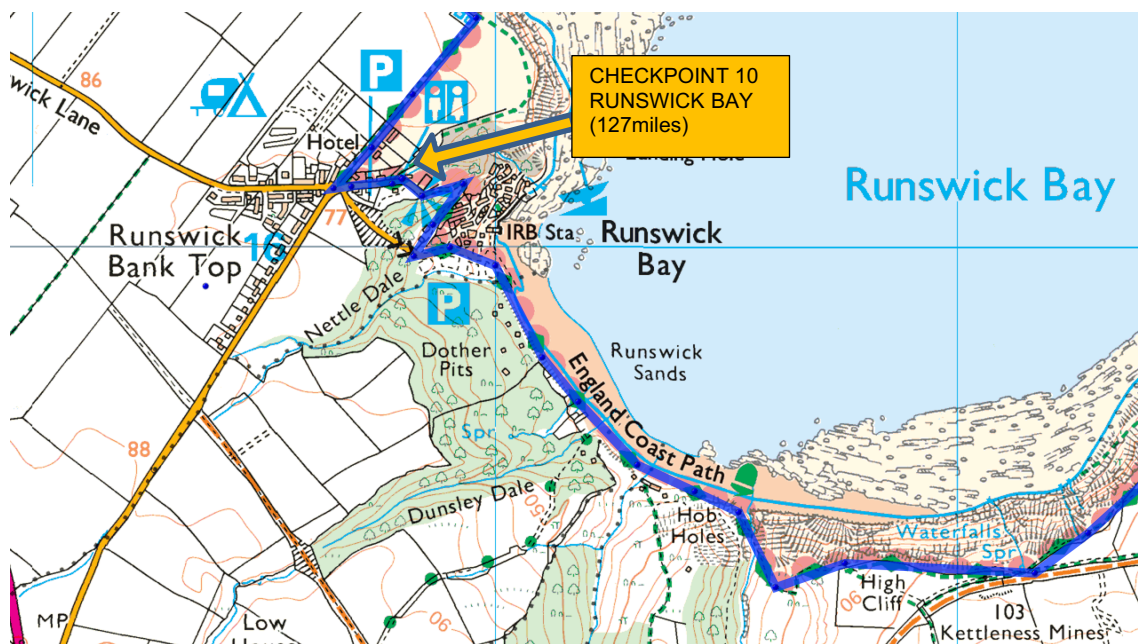
CHECKPOINT 9 RAVENSCAR VILLAGE HALL (108 miles) CUT OFF 1500 (31hrs)



24. Leave **Checkpoint** & **retrace your steps** (turn left & continue on road for 0.2 miles until reaching junction, turn right & head down towards hotel).

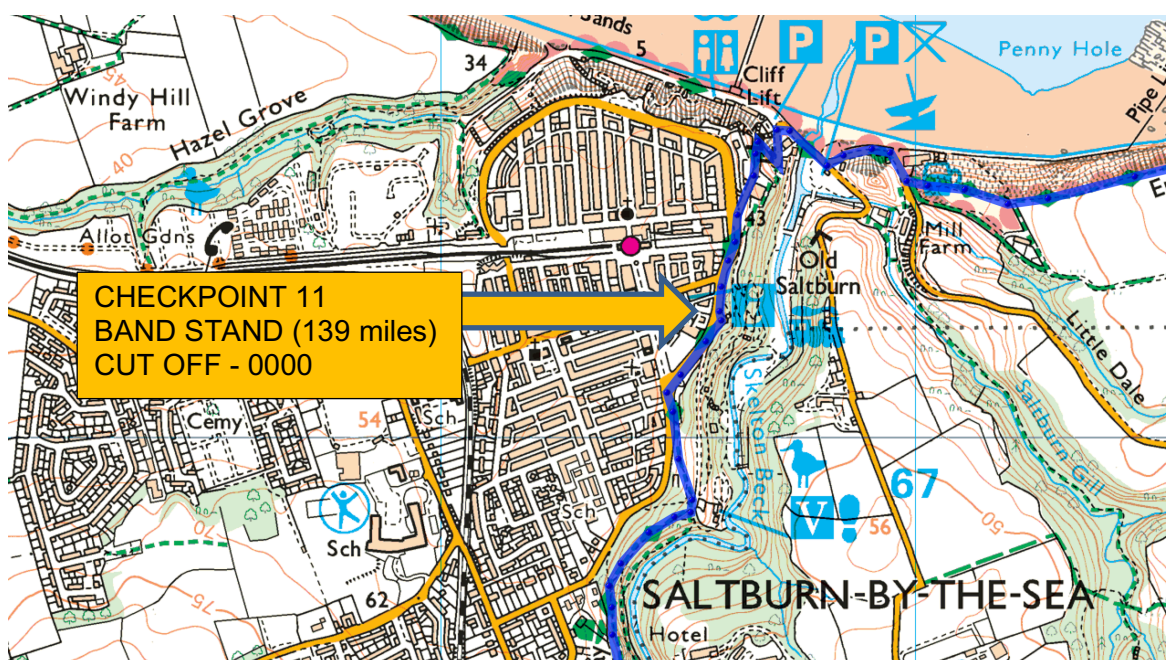
25. Turn left off the road before reaching the right bend to rejoin the **CW** and continue **downhill on a concrete track passing the National Trust Shop on your right**
26. Ignore fork to the left off the track and continue to descend down **rocky track**, when track forks. Take right fork signed **CW** On reaching **concrete track** turn left (signed **CW**)
27. Stay on track & **ignore right turning signed CW Alum Works** Ignore next right turn leading down to a house (metres after first right turn) and continue ahead on **track**
28. Leave track at **gate**. Follow **yellow arrow** to the right & descend track **Ignore Alum Works path on right** (over footbridge) Continue on path, **cross wooden bridge** & continue on main path
29. Continue over **wooden bridge** keeping to the cliff top path.
30. Eventually the cliff top finishes at a **road**. Turn right on road again following **CW sign** Descend road and at roads end (next to **Stoupe Bank farm**) descend track
31. At bottom of **steps** cross **bridge** & ascend **steps**, when track forks take **right fork** up the steps & continue ahead on **cliff top path**.
32. Descend steps to **Boggle Hole** At bottom of **steps** turn right and take the first left To Cross over bridge passing **Youth Hostel** on left ascend steps
33. Continue ahead on track and pass through **gate**, continue ahead. Pass through next gate and turn **right** Continue on path along **cliff tops** towards Robin Hoods Bay
34. Continue down wooden decked steps (**can be slippery**) at path junction turn left & descend stone steps.
35. At bottom of steps turn right (pass by **Chip shop** on right & **Smugglers pub** on your left to join the Main Street) Turn left onto the main street & continue on it as it passes shops & side streets.
36. Continue on street as it climbs steeply up hill. At top of hill pass by **carpark** on left & **Victoria Hotel** on right. Continue ahead, ignoring the fork to the left Continue by **Station Road Stores & Grosvenor Hotel**
37. Turn right to continue along **Mount Pleasant North**. When the street turns left, leave street & continue directly ahead along footpath in front of houses & through the Hawthorns
38. Continue ahead along the **cliff top path** (signed **CW**) continue on cliff top path for the next 4 miles
39. On reaching the **light house**, turn right to cross the access road and join the path down towards the Cliff tops, On reaching the cliff top path turn left and continue along this path
40. Pass by the former **Fog signal station** on your left
41. On reaching **Saltwick Caravan Park**, leave cliff top path & continue ahead along the main tarmac road through **Whitby Holiday Park** passing the **minimarket** on your right & a café on your left.
42. Just after **Adventure Playground** on left, turn left onto stoney track & follow it as it joins the cliff top path
43. The path emerges out opposite the **Abbey** & on reaching lane turn right. Proceed to the square & cross square aiming for far left, descend Church Lane & **199 steps** alongside **St Marys** (on right)
44. At bottom of steps continue straight ahead down **Church Lane**. On reaching junction turn left down Church Street passing the **Board Inn** on your right

45. When the lane reaches the road turn right down Bridge Street.
46. **Cross the Bridge** & turn right down New Quay Road with the River Esk on your right.
47. Continue along the road as it bends to the left.
48. As the road leaves the seafront (**Khyber Pass**) head uphill past '**Full of Beans**'
49. Follow the path up the steps to cut the corner off the road & cross the road
50. Opposite **Khyber Pass gifts** take path on right up **steps** & pass through **Whalebone Arch**.
51. Turn right alongside road passing **Captain Cooks Monument** on right.
52. Continue on road as it turns left
53. Pass by **Whitby Pavillion** on left & continue on lower path alongside seafront passing the lifeguard hut and the **coloured beach huts** all on your left
54. Follow path as it turns left to leave seafront & passes under **a bridge** & between the **golf course** to reach the **Sandsend Road**
55. Turn Right down the road and continue along road for 1.5 miles passing over the **bridge** and through Sandsend keeping close to the **seafront** (ignoring any roads to the left)
56. As road turns left steeply, leave road & continue directly ahead through arch to enter the **carpark**
57. Pass through carpark heading for far left side of **carpark** & **climb steps** At top of **steps** turn right
58. Continue on wide path & at **Deepgrove Wyke** follow path as it turns left heading for the **tunnel**.
59. Just before the tunnel take waymarked steps on right & ascend **steep steps** to reach the top.
60. Continue ahead along the path to **Kettleness**
61. As path forks take **CW path** to Kettleness. On reaching **lane**, turn right & follow into **Kettleness**
62. At **Kettleness** head for far right of farm building & pick up Cliff top path.
63. Follow path & when path forks keep to path along fence line
64. Pass by **White Bungalow** on right, continue on **Cliff top path**.
65. Ascend steps towards **Ravine** & beach. On reaching beach turn left towards **Runswick Bay**.
66. Leave beach by ascending **concrete slope** (surrounded by boulders) directly ahead of you.
67. Turn left up road, passing **public carpark** on left.
68. **Turn right** (signed CW) opposite second carpark (signed Sailor Club members only)
69. Continue on lane and up the **steep path**.
70. At top of slope pass **Cliff Mount Hotel** on right, & enter carpark on left to arrive at **CHECKPOINT**
10 RUNSWICK BAY (127 miles)



71. Leave **Checkpoint** and leave checkpoint, turn left onto the road, continue ahead on the road. Turn right on path leaving the road just before the **Runswick Bay Hotel**.
72. Keep Runswick Bay Hotel to left & head for path on **right side of barn**. Follow path as it turns left along cliff tops for over a mile. On reaching road turn right onto road (**Port Mulgrave**) Follow road until it becomes a path. Continue ahead on Cliff top path
73. Pass by farm on left.
74. Follow path as it descends down to a lane (Church Street) **Descend Church Street** & when street forks, take left fork along High Street to pass **Cod and Lobster Pub** on right
75. Continue along high street until the street bends to the left. Leave street to continue ahead down **alleyway on left of the Cleveland Corner** (Bistro) and cross bridge
76. Turn left **onto Cowbar Bank** & ascend lane to top, (ignore any paths to the L or R). Pass houses on left & as lane forks take right fork. Continue on **cliff top** track.
77. Eventually leave track to follow path signed CW
78. When path joins road continue ahead passing **house on right**. Ignore roads to left. As road ends, follow path as it passes house on your left.
79. Continue on path as it takes a **sharp left turn uphill and then right**.
80. Continue along cliff tops towards **Boulby Cliffs** When track forks take **right fork downhill**
81. Pass by house on left & join access road. Leave access road by signed (CW) path on right
82. Descend path & when path forks take left fork & continue on Cliff top path.
83. Descend **steep steps** down into **Skinningrove**.
84. At bottom of steps turn left to descend on road towards **Skinningrove** and **cross bridge**. Directly after the **bridge** turn right and follow path in front of row of houses (**Marine Terrace**)

85. Leave **Marine Terrace** to turn right on path passing the **Lifeboat with wooden sailor** on the left
86. Continue through **carpark** & follow track alongside beach towards **jetty** keeping cliffs to left & sea to the right.
87. Pass through **gap in the Jetty** and just before the slope down to the beach & opposite the **Lifebelt** (on right) take the path on left heading along the Cliffside.
88. Ascend steps, at **clifftop** turn right (signed CW) Continue on clifftop path (ignore paths off to left)
89. Follow the path as it eventually descends steps down to the road, on reaching the road turn right and follow the road as it sweeps round to the left passing **'The Ship Inn'** on the right
90. Continue along **seafront road** pass over the bridge & head towards the Carpark, just before the carpark ascend **steps on your left** (opposite Vista Marr)
91. After reaching top of first set, turn right to ascend up second set. At top of steps turn left onto the wide footpath
92. Continue on path & on reaching road cross & continue on path, passing **Saltburn Spa sign** on your left.
93. Continue directly ahead on the path to reach the **Bandstand & CHECKPOINT 11 SALT BURN**
(139 miles) **CUT OFF 0000** (40hrs)

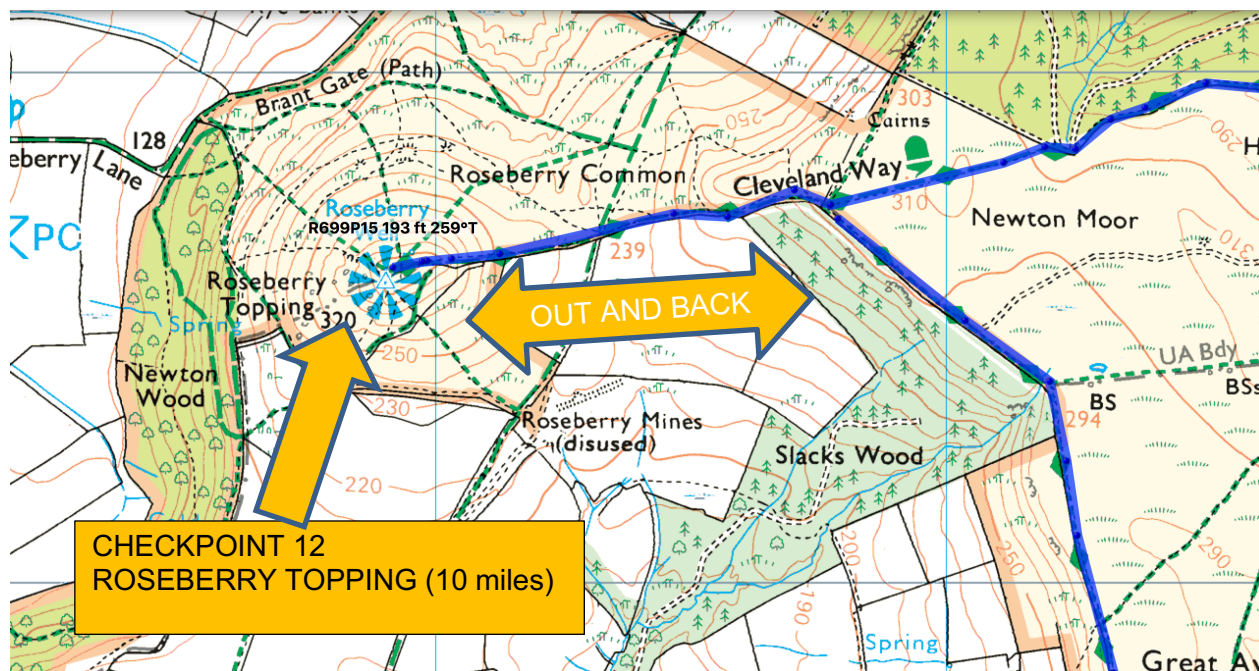


CHECKPOINT 11 (SALT BURN) – CHECKPOINT 14 (CLAY BANK)
DISTANCE 165 MILES – GRID REF OS 667 216

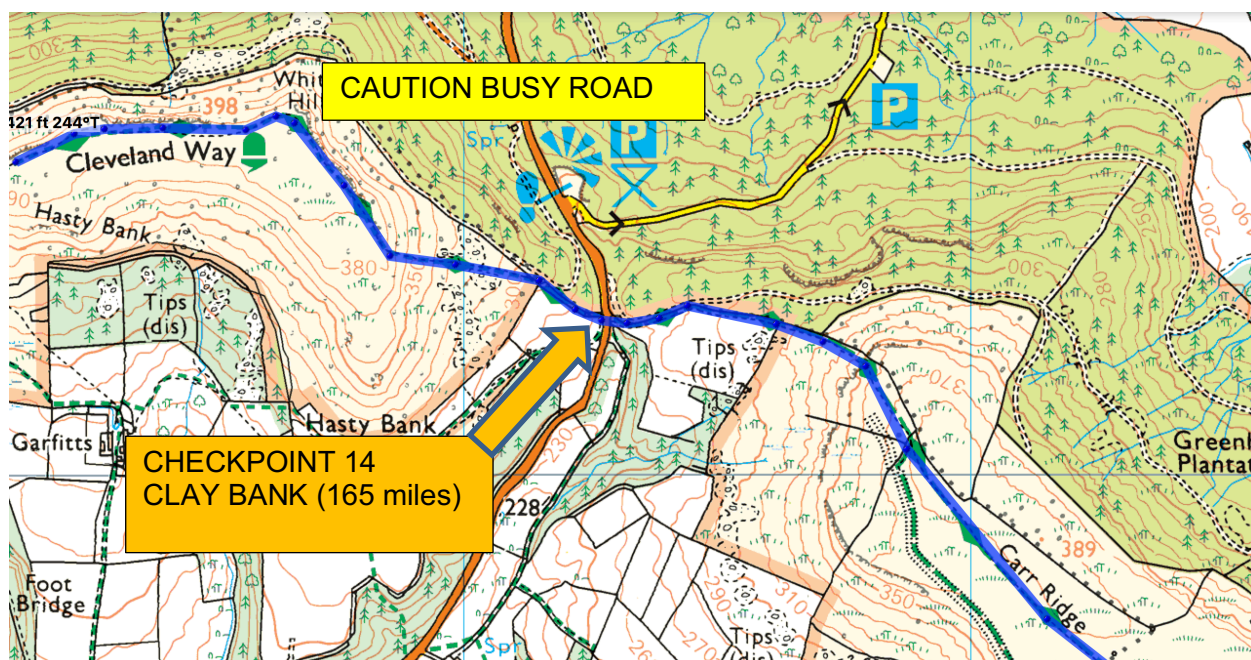
94. Leave **bandstand** on & take next left path (Signed Saltburn Valley Gardens) Descend **wide tarmac** track
95. At junction follow **CW sign straight ahead**. Again at next junction follow CW sign straight on
96. Continue on path following **Acorn signed finger posts**. Continue on path as it goes under the **Viaduct** and as it leaves the riverside to ascend steps and the slope through the woods

97. At the junction on leaving the woods turn left & follow **path alongside the edge of the field**
Continue through tunnel & pass through the **Housing estate** to cross the road (signed CW)
98. Continue on path across **wasteland** and on reaching path junction turn right (signed CW)
99. Pass through the **gap in the fence** and follow the road as it bends to the left.
100. Continue along the same road as it ascends the hill ignoring any other roads to the left or right.
101. Continue straight ahead at the crossroads
102. At the road end turn left and continue uphill on road passing **Co-op Funeral Care** on your right.
- 103.** Cross the road ahead & pass '**Hair Expressions**' & the **Co-op** on your left
104. Pass the carpark on your right. **Ascend steps** and at the top turn right onto the lane
105. Leave lane by **CW signed path on left**. At path crossroads continue ahead (Acorn marked)
106. On reaching the road, cross and continue ahead down **Airy Hall Lane**.
107. Continue straight ahead at junction and pick up track signed CW (Slapewath) on left.
108. Carry ahead on wide track.
109. At the end of track (**Tree line**) turn left following CW sign down the path following the fence line.
- 110.** **Descend path** as it veers to the left and right, steeply down steps. Continue on path (signed CW)
- 111.** On reaching road and houses (Slapewath) follow lane heading towards the **Fox and Hounds pub**.
112. Pass the pub on the left and cross the bridge. Cross over the busy main road (Caution advised)
113. Once on the other side of the road turn left and pass by the **bus shelter** on your right.
114. Leave the roadside to follow tarmacked track (Signed CW)
115. Continue on track & take the first right off the track (signed CW)
116. Continue ahead on CW marked track through Slapewath woods keeping an eye out for Acorn signs.
117. Eventually on reaching the end of the woods & reaching the bottom of a **steep concrete hill** follow the CW sign and turn left heading uphill, turn right through gate that is signposted CW.
118. After 0.3 m take left track uphill signposted by an acorn.
119. Follow track briefly then turn right through **2nd gate** & turn left to follow CW track.
120. Turn right following CW sign, after a short while turn right onto track signed with an acorn
121. Turn right following acorn signs.
122. Follow **wide track** and after 0.45 miles continue straight on main track and do not turn left.
123. Continue on main track and do not take right track signposted after 0.4 m along.

124. Continue on main track until track starts to corner to left.
125. On right is an Acorn sign with a gap in fence.
126. Follow the sign keeping on a footpath to the summit of **High Cliff Nab**.
127. After leaving **High Cliff Nab** descend the track and eventually the steps to the right.
128. At bottom of the steps follow acorn sign & turn left
129. Continue on footpath, cross over main track and head for trees.
130. After 0.3 m pass through **gate** (CW signed) and turn right for 1.10 mile
131. At junction again follow **CW signs**. After 0.1 miles cross over **barrier** & go through **gate**,
132. After passing through the gate turn left & pass by next barrier. (Signed with an Acorn)
133. Follow track ahead for 0.3 miles, turn left & pass through the **gate** & continue on track.
134. Follow track to the **gate** in the wall, pass through gate and follow path up to the **summit** of **ROSEBERRY TOPPING & CHECKPOINT 12 (149 miles)**

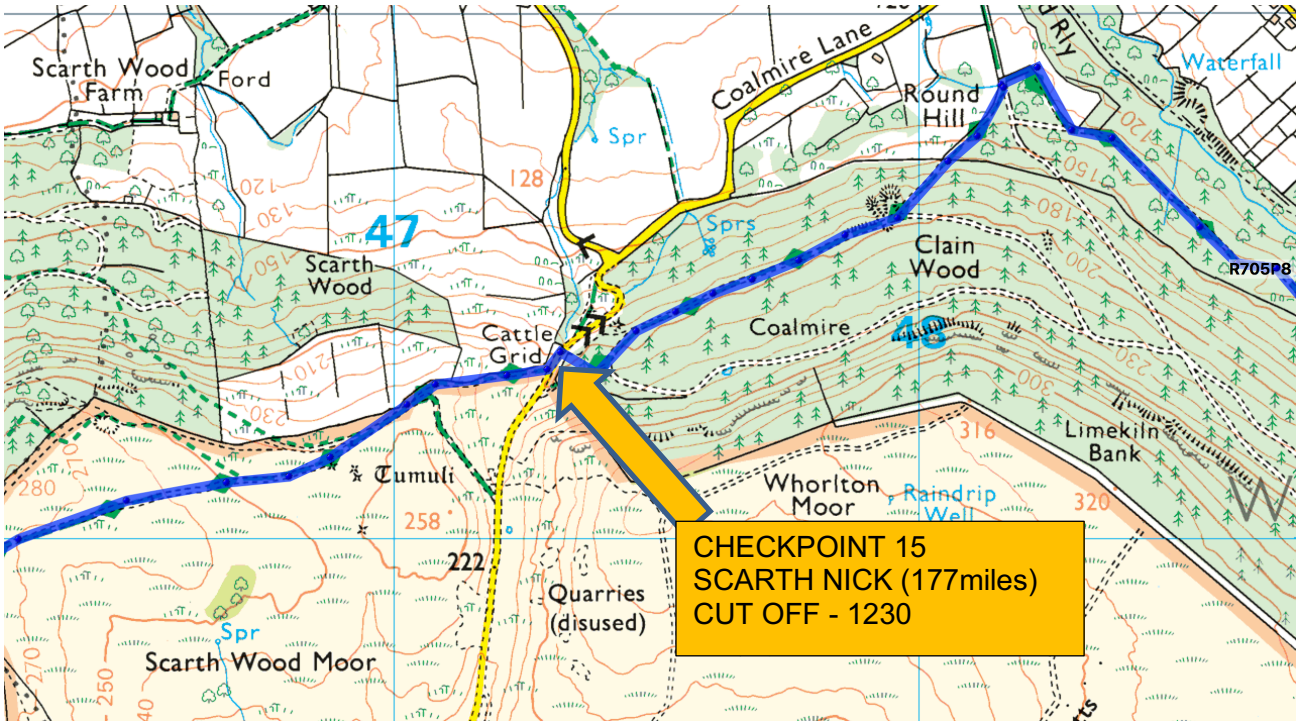


135. Leave Roseberry Topping & **Checkpoint**, retrace your steps back to **gate in wall**.
136. Turn right after leaving gate, keep alongside wall & continue on this track.
137. Follow track as it descends down to **road/carpark**.
138. Turn right on reaching the road then left at **Gribdale Gate** (CW signed)
139. Pass through gate & ascend track up hill to **Captain Cooks monument**.
140. At **Captain Cooks** turn left & follow left hand track
141. Follow path through **gap in wall & descend steps**. Continue along track.
142. When track forks, follow right hand fork (signed) & continue on track until you reach the **road**.
143. Turn right onto road & continue on road descending downhill over **cattlegrid**.
144. Pass farm on left & into Kildale, pass over **railway line**, turn left when road forks & at junction turn right
145. Follow road briefly, on right is **Kildale Village Hall** & **CHECKPOINT 13 (154 miles) CUT OFF 0500**
146. Leave **Checkpoint** & turn right onto road. Take first road on left & pass by **2 cattlegrids**
147. When road turns left leave road & follow path straight ahead. Pass through **2 gates** (CW signed)
148. Continue on main track eventually reaching **Bloworth Crossing** (161 miles)
149. Turn right onto CW signed track. When track forks take left hand path leaving the main track. The path eventually joins a **wide track**, turn left onto this track & follow track to **Clay Bank** & the **B1257**
150. Cross B1257 carefully to reach **CHECKPOINT 14 CLAY BANK (165 miles)**



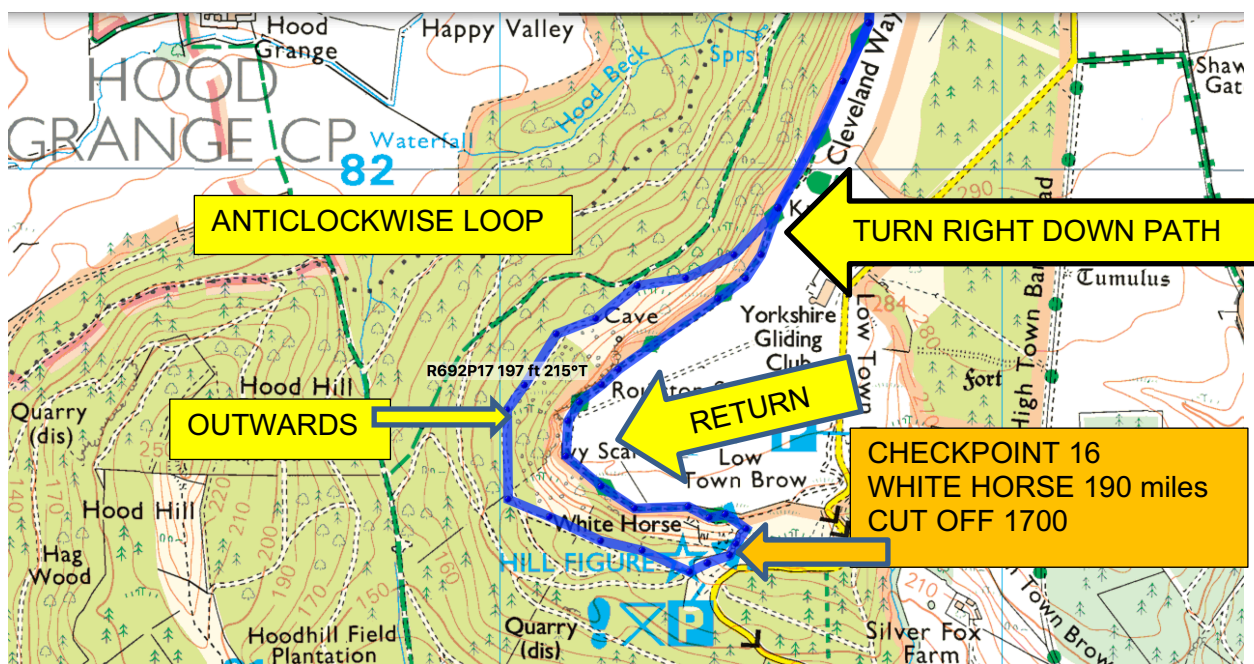
CHECKPOINT 14 (CLAY BANK) – FINISH (HELMSLEY SPORTS CLUB)
DISTANCE 200 MILES – GRID REF OS 610 843

151. Leave **Checkpoint** & climb the **Steps**, follow track uphill briefly & go through **gate** on left hand side.
152. Take path leading uphill & continue on **flagstone track** to the **Wainstones**
153. Scramble **boulders** on right & **descend hill**.
154. Follow CW signed track over **Cold Moor** & descend to **Kirby Bank**,
155. Continue on CW path to ascend **Cringle Moor**, Descend from **Trig Point** & follow the stone track.
156. Pass through **gate** & continue straight ahead keeping fence to left, do not take any paths off to right.
157. Continue straight on at footpath crossroads (**Lords cafe** to left) when path forks off take left fork.
158. Go through **gate** and cross directly over the road
159. Follow path (signed CW) Cross over track & head for **gate** straight ahead.
160. Climb path up **Carlton bank** to the **Trig Point**
161. Continue on track for a couple of miles over Carlton Moor eventually reaching **steps**
162. After descending steps turn left on track downhill with a **wood** on your left. Pass through 2 gates.
163. When reaching the **road** cross straight over and down road bearing right to cross **ford/bridge**
164. Immediately after the **bridge** take right fork to cross another **bridge/ford** then straight on to gate.
165. After **gate** take trod on right hand side of main track ignoring blue marked posts.
166. Continue up the trod to the **Gate**. Turn right onto the track
167. Follow track through woods & **ascend the steps**.
168. At top of steps bear right joining a track (CW signed)
169. Follow track & where route forks off take right hand track (signed CW)
170. Follow track until it reaches road & turn left to cross the **cattlegrid**.
171. Just after the cattlegrid is **CHECKPOINT 14 SCARTH NICK (177 miles) CUT OFF 1230 (52.5hrs)**



172. Leave checkpoint & continue up the road briefly & pick up the Cleveland Way track on your right
173. Continue on track uphill, cut across slightly from the wall to your left at the **brow of the hill** to sign post and main track, continue on the main track until reaching a **gate**
174. Pass through **gate** and turn right through a **second gate**. (signed CW)
175. Continue on a **track** after 0.25 of a mile pass through **2 gates** passing by the **tv mast station**,
176. Continue on the track for 0.7 of a mile until reaching a **gate**.
177. Pass through gate & continue on track, pass through **2nd gate** & continue on track.
178. Pass through **3rd gate** & continue on left hand fork ascending.
179. Continue on the track eventually reaching a **road**.
180. Turn right on road into **Osmotherley**, turn left by **Cenotaph & bus shelter** through **passageway** (Acorn)
181. Pass through **passageway** & cross over lane, continue on path (marked) follow path down steps & slope.
182. Cross **bridge** & continue up hill on marked track through 2 CW marked **gates** keeping **farm** to right,
183. Join track (signed) & turn right. Continue on track & pass through **metal gate**.
184. Turn right. Follow track until reaching **road**. Turn left up the road & after a short distance, take first path on the right through a **gate**, continue on **bridlepath**.
185. Descend lane ignoring right turn. **Cross stone bridge** then **cattlegrid**, passing **house** on left.
186. Continue on main track, pass through **metal gate** & by **reservoir**.
187. When path forks, take right hand track and ignore left track which passes through a broken down wall.

188. Continue over a small **wooden bridge** & keep on track uphill.
189. Continue on track as it becomes **stone flagged** to the top of the climb.
190. Turn right onto road (signed CW) heading towards layby on left of main track (**SQUARE CORNER**)
191. Turn right to leave road and follow wide track directly ahead **up the hill**.
192. Follow main track for 5 miles ignoring any tracks to the left or right.
193. Continue on track ahead as it passes through **woods** to eventually reach a path junction.
194. At path junction turn right (CW signed) towards & through **High Paradise farm**,
195. Continue down the lane towards **woods**, descend downhill & take the gate signed (CW) on the left.
196. Carry on path for a short while through a gate then uphill passing through the **next gate** & straight across **road** to pick path up.
197. Eventually pass through **2 gates** one shortly after the other. For the next 1.5 miles stick to the main path (**Acorn signed**) & do not take any paths off to the sides.
198. On reaching CW signpost follow it to the left. Carry on path. At **side road**, cross straight over to join path on other side. Turn right at path junction then **cross the busy road** (be very careful crossing this road)
199. Follow embankment for **0.75 miles**. Drop down **path on right** (signed on day) descend down path.
200. Continue on track through woods (taking no turn offs) until you reach **CHECKPOINT 15 WHITE HORSE CARPARK (190 miles) CUT OFF 1700 (57hrs)**



201. Leave **checkpoint** & climb the **steep steps** alongside the White Horse
202. On reaching the embankment turn left & head along the **embankment**
203. Turn right off the embankment following the CW signed path through the **woods**.
204. After roughly 0.3 miles cross the **side road** & then turn left to cross the **main road**.
205. At the other side of the road turn right to follow **main road** (on grass) for 0.1 miles.
206. Pass the now empty **Hambleton Inn** to take CW signed **road on the left** leaving the main road
207. Continue on track for 0.2 miles & when road/track forks off, take right hand **gate** signed CW (Cold kirby)
208. Follow path for 1mile passing **3 gates** along way.
209. Turn right through **gate** & descend **road** into **Cold Kirby**
210. When road forks take right fork & shortly afterwards take left hand footpath (signed CW **Rievaulx**) descending down **grassy track**.
211. Take right fork up the **bank** (do not turn left through the metal gate).
212. At top of the bank turn left (signed CW) onto the **road**. Follow road/bridleway downhill for 1 mile.
213. Continue through gate on track (signed CW) keep right & descend (close to wire fence).
214. Continue descending past the **wooden gate** & when track forks, take left fork to the foresttrack
215. Turn left onto track & continue ahead until you reach a **crossroads of tracks**.
216. Continue ahead veering right onto main track.
217. Leave track, when track veers round corner, turn off to the left & immediately take right fork to gate
218. Go through gate & cross **steppingstones**.
219. After **stepping stones** take a left turn onto a track,
220. Continue on track keeping woods to right & stream to left.
221. Continue on track, pass through the gate and turn left onto the **road**.
222. Follow **road** for 1.1miles passing over a **bridge**. Ignore any roads turning off to the left or right.
223. Turn off the road onto a track to right (signposted CW Helmsley) half way up the **roadhill**
224. Continue up track climbing steeply ignoring any tracks to the right or left.
225. After 1 mile go straight ahead across **unmade road** (signed CW).
226. Head towards stonewall & follow track keeping the wall on the left.
227. Continue on path heading downhill ignoring paths off to the left & right

228. **Descend steps** and continue on track.

229. **Ascend steps** and turn right at top of steps following the track keeping the wire fence to your left.

230. When track reaches a corner turn left **uphill** & at top turn right through a gate & **downhill** on track.

231. At end of track pass on your right the **Cleveland Way Stone** (this is the end/start of the Cleveland Way)

232. Continue ahead down lane (Helmsley Castle on right) at end of lane cross over road & turn right.

233. Take first left (**Canons Garth Lane**) between **Feversham Arms Hotel** on left & **Church** on right

234. Continue on Lane, as lane bends to the left, ignore first left turning and as it reaches junction (in front of the **Graveyard**) take the left fork (**Baxtons Spruce**)

235. When lane forks take right fork (staying on **Baxtons Spruce**)

236. Continue on lane and at the first right leave lane & enter the **carpark**.

237. Continue through carpark to arrive at the Helmsley Sports Club & the **HARDMOORS 200 FINISH**
200 miles CUT OFF 2000 (60hrs)

THE END

