

Hardmoors 26.2 Series Ltd Risk Assessment for Wainstones Races

10th May 2020

Description of activity:

Hardmoors Wainstones Marathon/Half Marathon and 10k are events which take place annually. These are competitive races in which participants run a circular route from a headquarters in Chop Gate.

General Considerations

All participants are asked to carry a route description and map of the course. The route description states where there are road crossings and to beware.

In May the weather conditions are highly unlikely to be icy or snowy, but could be windy or rainy.

It is a requirement that all participants carry the following mandatory equipment:

- WATERPROOF JACKET
- HAT AND GLOVES (BUFF ALLOWED)
- ROUTE DESCRIPTION
- ROUTE MAP

To ensure all participants pass through certain points and so that they can be accounted for, there are 7 checkpoints as follows:

Start: Chop Gate Village Hall

Checkpoint 1: Husthwaite Green

Checkpoint 2: Carlton Bank

Checkpoint 3: Clay Bank

Checkpoint 4: Bloworth Crossing

Checkpoint 5: Cow Sike

Checkpoint 6: Bransdale

Finish: Chop Gate Village Hall

All participants are issued with a race number and this number is recorded at each checkpoint. If a participant has to retire, they are required to do so only at a manned checkpoint where their race number is retained by the marshal and the information is communicated to race HQ. The participant is then transported by a marshal to the race finish, or taken home by their support crew.

There is a team of sweepers who travel on foot behind the participants to ensure everyone is accounted for and if anyone is injured, the sweeper can assist or call for assistance.

After the last participant and sweeper has passed through the checkpoint, the race numbers will be cross referenced to ensure all people are accounted for and any information regarding withdrawals relayed to the next checkpoint, either directly or via Race HQ.

Checkpoints will offer food and drink to supplement participants own provisions. This to avoid participant failing to have enough fuel to complete a 10-hour event.

Race paramedic to be in attendance with mobile ambulance which can be used to treat and take care of competitors as well as extracting them from the course where necessary.

Some checkpoints will have qualified first aiders in attendance. Qualification: ITC Level 3 Award in Outdoor First Aid Emergency Action. This to be determined each year but both Race Directors have the qualification as do 7 marshalls.

Participants are told that they have to respect the decision of all race marshalls and if a marshal decides that a participant is not fit or able enough to continue, they must retire for their own safety.

Specific Considerations

1. Start of race on main road in Chop Gate.

Risk: Fast traffic travelling along both directions of road.

Action: Participants will be started in the car park and marshalls will temporarily stop traffic. Signs will be placed in the road to warn drivers of the race.

Risk rating: small. This is at 9am for the marathon, 10am for the half marathon and 10.30 am when traffic flow on a Sunday is fairly sparse

2. At the bottom of Carlton Bank runners cross Raisdale Road.

Risk: traffic flow in both directions

Action: Marshalls in place

Risk Rating: Small. Low flow of traffic which will not be travelling fast at this point

3. At Clay Bank runners cross the same main road.

Risk: traffic flow in both directions with limited visibility for runners

Action: Marshalls in place

Risk rating : Medium. Low flow of traffic

4. At finish runners run down minor road into Chop Gate Risk:

Traffic in both directions

Action: Signs to warn drivers of the runners . Runners taken along field edge rather than along the road so as to minimise time on road.

Further considerations:

Running on moors in mud and potential bad weather

Action: Mandatory kit and previous advice on what to wear on feet and upper body

Overall risk : Low

SJ Steele 21/01/2020