

Risk Assessment – White Horse races Sunday 9th June 2024

What are the hazards?	Who might be harmed and how	Evaluate the risks. What are you already doing?	What further action is necessary?	Action By Whom ?	Action By When?	Complete Y/N (Date)
Trip Hazards on Trails	Participants travel over rough uneven ground and could trip	The course is entirely over public footpaths and public rights of way. There is the possibility that participants may injure themselves, especially by tripping, however all participants are aware of the risk.	Action: Race First Aid Provider to be in attendance with mobile ambulance which can be used to treat and take care of competitors as well as extracting them from the course where necessary.	FA	Race Day	
Bad Weather (Cold/wet)	Participants and Marshals Possibility of hypothermia	A compulsory kit is required for completing the course. Hat and Gloves Waterproof Jacket with taped seams Minimum of 1 litre water/sports drink Headtorch/Torch Spare Batteries Cleveland Way Map or OS Maps Whistle Survival Bag (bag, not just blanket) Mobile phone with Race Directors number stored in phone (0330 223 6350) Emergency food supply (chocolate/energy bar)	This will be checked by the organisers but is the responsibility of the entrant. Entry is dependent on participants accepting they are carrying the required kit and they will sign to say they have the kit.	PA/MA	Race Day	
Members of the Public on the course	Participants and Members of the public could collide	Participants will be sharing footpaths with members of the public. In general members of the public will stand aside to let runners though. However, this is not a right and should not be assumed. When	Participants must respect other users of the course and adhere to the distance rules when passing members of the public. In addition,	PA	Race Day	

	on narrow trails	passing a member of the public, runners will be reminded in the pre-race brief to do so safely and courteously.	runners should always ensure social distancing separation is maintained. No overtaking on narrow tracks is allowed, the slower runner will be expected to stand aside to let quicker runners through as soon as they are safely able to.			
Livestock	Participants could come into contact with livestock that could become aggressive if with young	Some fields may contain livestock. Where possible the Race Director will advise landowners/farmers of the event so that they can move the livestock if they wish. However, some may remain.	Participants will be advised in the pre-race brief which will be sent to them the week prior to the event and repeated on the day. If livestock is encountered especially cows with calves who could be protective, they should proceed with caution at their own risk. No dogs are allowed to run with the participant.	RD/PA	Race Day	
Road Crossings	Participants could be hit by traffic travelling in both directions with limited vision at some points	At all major road crossings there is a risk of traffic	Participants will be started in the car park. Signs will be placed in the road to warn drivers of the race and Marshals will temporarily stop traffic for the couple of minutes that it takes for runners to set off for each race. Risk rating: low. Action: Marshalls in place to stop the runner from crossing Risk Rating: Low	RD MA	Race Day	
Checkpoints /Hydration/ Nutrition	Participants could become dehydrated or exhausted	Checkpoints will offer food and drink to supplement participants own provisions. This to avoid participant failing to have enough fuel to complete an event of this length	Participants will be advised of the locations of the checkpoints in the race brief. Participants will be advised not to stop longer than necessary and to maintain social distancing requirements	MA/PA	Race Day	

Participants falling behind due to illness or lack of fitness	If unaccounted for, participants could become ill with exhaustion or more prone to injury	<p>All participants are issued with a race number and this number is recorded at each checkpoint.</p> <p>If a participant has to retire, they are required to do so only at a manned checkpoint where their race number is retained by the marshall and the information is communicated to race HQ. The participant is then transported by a marshall to the race finish.</p> <p>There is a team of sweepers who travel on foot behind the participants to ensure everyone is accounted for and if anyone is injured, the sweeper can assist or call for assistance.</p> <p>Time cut-offs are in place at each checkpoint to ensure participants can complete the course in a reasonable time. Failure to meet these times will result in the participant being withdrawn.</p> <p>After the last participant and sweeper has passed through the checkpoint, the race numbers will be cross referenced to ensure all people are accounted for and any information regarding withdrawals relayed to the next checkpoint, either directly or via Race HQ.</p> <p>Participants are told that they have to respect the decision of all race marshalls and if a marshal decides that a participant is not fit or able enough to continue, they must retire for their own safety.</p>	<p>On race day all participants will be fully briefed on the measures in place.</p> <p>Emphasis will be placed on the decisions of the marshals or sweepers on a participant's fitness to carry on must be respected and complied with.</p> <p>Following these is a condition of taking part in the race.</p> <p>Failure to follow these and all other measures in place will result in a participant's disqualification.</p>	ALL	Race Day	

Specifics for Sutton Bank Visitor Centre

What are the hazards?	Who might be harmed and how?	What are you already doing?	Do you need to do anything else to control this risk?	Action by who?	Action by when?
All 3 routes start in road by car park	Risk of runners being met by cars	Marshalls will be this point to ensure runners stop if cars drive along the road. Race briefing will be used to warn runners to take extra care. "Caution runners" signs will be used to warn drivers of the hazard	Most runners start at 9am, and 10am, so not many cars will be entering car park at this time. 10k starts at 10.30 and there will be less than 70 runners who will be across the road in a matter of seconds so the marshall will only need to be vigilant for a short while Low risk	Race director will warn runners at the briefing	Race day
200 metres from the Half and marathon finish in woods, but walk to the finish area	Runners could potentially meet with cars leaving the site at this point	"Caution runners" sign will be placed here Runners will be briefed at race briefing. Marshall will be situated at road crossing Runners will be now walking so this is very low risk.	Marshall to wear hi vis vest	Race Director will warn runners at the briefing	Race day
Runners go through visitor centre area to access café and toilets where there will be members of the public walking to the centre or car park	Runners may collide with general public	Runners warned in pre-race email and race brief	Competitors to use common sense and general awareness	Race Director will warn runners in an email and at race briefing	
Cycle track runs through middle of Sutton Bank.	Runners may collide with cyclists	Explanation to all runners in pre-race email and also in race briefing to be aware of their surroundings and watch out for cyclists	Runners should not cross this route but may inadvertently do so Risk low	Race Director will warn runners in an email and at race briefing	Week before race and on race day
10k finishes in car park area	Risk of runners being met by cars entering the car park	Marshalls will be this point to ensure runners stop if cars enter the car park. Race briefing will be used to warn runners to take extra care. "Caution runners" signs will be used to warn drivers of the hazard	At this point of the race, runners will be spread out so there will only be 3-4 people at any one time which minimizes the risk to low	Race Director will warn runners in an email and at race briefing	Week before race and on race day

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	Throughout the course of the routes, there are minor road crossings.	Risk of traffic	Marshalls at all road crossings, wearing hi vis jackets to stop runners when vehicles approach	Roads are minor and infrequent	Race Director will warn runners in an email and at race briefing	Race Director will warn runners in an email and at race briefing	
	Throughout the course of the route there are paths that may lead runners away from the intended route and therefore onto land which is owned or farmed privately	No one will be harmed	Route will be marked so as to direct runners on the correct paths. Marking tape will be removed post race	No	Route markers and sweepers		

Key

PA = Participant

FA = First Aider

MA = Marshals

RD = Race Director

SO = Safety Officer

SW = Sweepers